

Edition 2
3 March
2022

News @ the Mount



MOUNT CARMEL COLLEGE

R-12

Belonging ~ Diversity ~ Excellence ~ Relationship

YEAR 9 FLEXIBLE LEARNING
Refer to page 6



From the Principal

Dear Families

Lent

The church season of Lent begins on Ash Wednesday each year and is a time of preparation for Easter, the key event of Christianity. On Ash Wednesday yesterday, our students were involved in liturgies. This year, because of COVID, we did not have the distribution of ashes.

Thank You

Thank you to all of the parents who have kept their child home from school when they had signs of being unwell. Thank you for following the instructions about parents not coming onto school property except as permitted. We know the lack of inter-school sport, no excursions and other restrictions have been disappointing for students and parents, but slowly we are being permitted to resume some activities, particularly those outdoors. We hope that week 9 will bring a further

removal of restrictions. In the meantime, students are asked to continue to wear face masks and to practice a high level of hygiene.

A Personal Thank You

On a personal note, thank you for all the kind words and prayers I have received about my mother, who passed away recently. Mum and dad featured in the February 2022 Southern Cross newspaper and contributed significantly to the Our Lady of Mount Carmel Church and the Mount Carmel Primary School. Mum was an old scholar of Mount Carmel Girls Secondary School.

Pray for the People of Ukraine

We were all saddened and horrified to hear of the attack on Ukraine. The world has suffered enough pain in previous wars and in recent times through the pandemic. We pray for the

people of Ukraine and we pray for peace, social justice and equality.

Open Day – Secondary Campus

SA Health has permitted schools, from the start of week 5 this term, to conduct school tours for prospective parents. Consequently, our Open Day will not be the traditional open slather for all, and prospective parents will need to book a timeslot for 17 March on the College website.

Continued on page 2.

In this issue...



From the Principal.....	1
Diary Dates.....	2
Student Absences/Late Arrivals.....	2
Congratulations Gia Della-Zoppa.....	2
Keeping our Community Safe.....	2
Setsubun Festival.....	3
MCC QKR App.....	3
Ancient Studies.....	4
Open Day: Secondary Campus.....	4
Ash Wednesday & Lent.....	5
Project Compassion Launch.....	5
Year 9 Flexible Learning.....	6
A Prayer for Ukraine.....	7
Mary MacKillop Unit Life Skills.....	7
Community Workshops.....	8
Future Pathways.....	9
Western Technical College.....	10
MCC Occasional Care.....	11
Community Noticeboard.....	12

R-6 Primary Campus
17 Pennington Terrace, Pennington
Phone: 8447 0500

7-12 Secondary Campus
33 Newcastle Street, Rosewater
Phone: 8447 0500

Website: www.mcc.catholic.edu.au | Email: mcc@mcc.catholic.edu.au

Diary Dates

MARCH 2022

- 8 Year 5-12 Sports day
- 11 Years 7-10 Beach Carnival at Glenelg
- 17 Open Day - Secondary Campus

Further dates are available from our website at www.mcc.catholic.edu.au

2022

TERM DATES:

Term 1: 31 Jan - 14 Apr

Term 2: 2 May - 8 Jul

Term 3: 25 Jul - 30 Sep

Term 4: 17 Oct - 9 Dec



Like us on
Facebook!

Stay up to date with all the latest
Mount Carmel College news
and events!

Visit us at
www.facebook.com/mccadelaide
and click 'Like'.

Student Absences/ Late Arrivals

When a student is absent or going to be late, parents should notify the school by 9am on that day by texting the **Absentee Line on 0438 368 846 (SMS) or phoning (08) 8447 0500**. You will need to state the following:

NAME OF CHILD

YEAR LEVEL

REASON FOR ABSENCE *eg If late approximately what time will your child arrive etc.*

A medical certificate is required if a student is away for more than 3 days. For any planned extended absence, a letter to the Principal is required to explain circumstances.

From the Principal Continued...



Western Technical College (WTC)

In line with SA government decisions re Vocational Education and Training (VET), the first day for 2022 for the Western Technical College was delayed until Monday 14 February 2022. Whilst there are still some building works to be completed, students were able to use the brand new facilities. The building looks magnificent, both from the outside and inside. The new courses of electrotechnology and automotive servicing have already proved to be popular, whilst traditional favourites such as building and construction, carpentry, hair and beauty and metal engineering continue to attract strong enrolments.

The builder Partek have done an excellent job to have the WTC expansion ready for day 1. Shane Gubbin, Manager of the WTC has put in meticulous expert planning and hands-on work for many long

hours to ensure not just that the building was ready but also the readiness of students and their courses.

Master Plan

With both the Primary Campus at almost capacity and the Secondary Campus having more students enrolled than ever before, the College is currently developing its master plan for future building development for all 3 campuses – the Primary Campus, the Secondary Campus and the Western Technical College. We hope to share exciting news of planned expansion, including land expansion, later this year.

Be a person of hope to others.

John Konopka, Principal

Congratulations to Gia Della-Zoppa

Congratulations to Gia Della-Zoppa who competed on the weekend in the State Combined-Events Championships, achieving a fantastic score and placing 2nd overall. Another medal to add to your growing collection! Well done Gia!!



Keeping our Community Safe

Please be mindful of neighbours and the community when dropping your child(ren) off and collecting them from school. Please keep driveways and access points free to allow easy access for everyone.

Thank you for your cooperation in helping to keep our community safe.



節分

Setsubun Festival



Sharing from JAPANESE Nihongo 日本語 at MCC Primary Campus

At the Primary Campus, students were introduced to a Japanese festival called, *Setsubun*, 節分, Spring Festival.

This celebration marks the end of winter and the beginning of spring in the Lunar calendar which was 3 February this year.

February is a cold month in Japan. It is easy to get sick, so it is a time when people wish for good health and fortune. In the past, it was believed that bad luck and bad health was caused by *Oni*, demons. Today

Japanese families gather and take part in traditional ceremonies in a fun way, by playing games to celebrate *Setsubun*.

For example, *Mamemaki*, Bean Throwing, is a ceremony where people throw roasted soybeans around the room to try to get rid of the *Oni*. They usually say "*Oni wa soto, Fuku wa uchi*" which means 'out with the *Oni*, bad luck, in with good luck' while throwing beans at the *Oni*.

This is a lot of fun and usually, someone pretends to be the *Oni* by wearing the *Oni* mask. The *Oni* gets chased by people throwing beans.

Our Year 5C and Year 1&2D students made the *Oni* mask to celebrate the Spring Festival, *Setsubun*.

Well done, *yoku dekimashita*, よくできました, to Year 5C and Year 1&2 D students who finished making the mask in 30 minutes!! Heard you making "scary" *Oni* sounds!! The *Oni* masks look fantastic! Hope you had fun making it.

Looking forward to sharing more work in the future from MCC Primary Campus.

Chizuru Banks, Japanese Language and Culture Teacher



Mount Carmel College QKR Application

Listed location is:
Mount Carmel College R-12
Primary & Secondary Campus

All orders and payments now need to be processed using the above QKR application.

CANTEEN PAYMENTS & ORDERS

Please be mindful that you select the correct campus you are at for any Canteen Menu ordering and payment.

If you are located at the Secondary Campus you must not order from the Primary Campus Canteen menu and vice versa.

WESTERN TECHNICAL COLLEGE

All students, staff and trainers who wish to buy from the Secondary Campus Canteen can also now access the above QKR application to place an order and make payments using QKR which we encourage

you to do so. This assists the canteen in planning, preparation and minimises payment processing when collecting your order. When setting up your profile choose class as "WTC".

QKR PAYMENT TIP

A parent had difficulty making payment today so a good tip she shared with me is to remove your card details and re-enter and this rectified the error for payment processing.

Virginia Reimann, Accountant

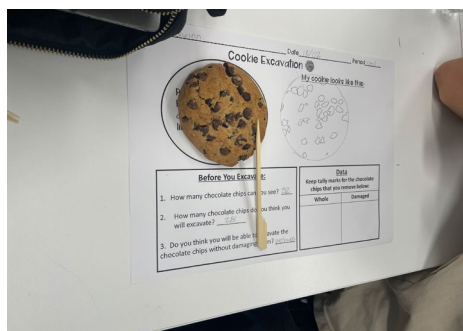
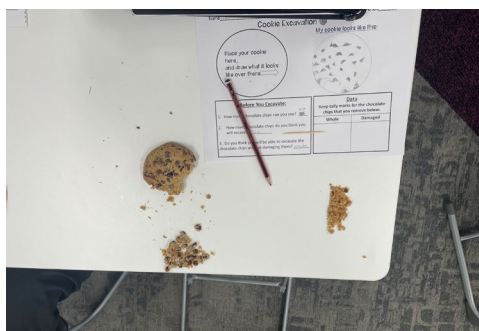


This year, we are excited to have a Stage 1 Ancient Studies class for the first time in a few years. Ancient Studies focuses on a period of time from 5,000BCE (before the common era) to 500CE (common era).

In our first unit, we have been learning about Archaeology and the importance of studying our ancient past. As important as Archaeology is to studying ancient people, societies and cultures, students have been learning how important it is to take care when digging at an archaeological site. The very act of excavating a site destroys that site forever, therefore it is very important to carefully preserve artefacts which are found during a dig.

To demonstrate this, students were given a choc-chip cookie to excavate. First, they had to draw the cookie as they saw it, paying attention to how many choc-chips they could see. They then had to estimate how many choc-chips were in their cookie. Using only toothpicks, students were asked to excavate the choc-chips from the cookie. The only way to remove the choc-chips in one piece was to chip away at the surrounding cookie, turning it to crumbs. This activity effectively demonstrated the effect on the earth during an archaeological dig. This was an engaging learning experience for students, with the added bonus of eating the cookies after!

Rebecca Wood
English & Humanities Teacher



MOUNT CARMEL COLLEGE

R-12

OPEN DAY

Secondary Campus

Thursday 17 March
4pm - 7pm



Visit www.mcc.catholic.edu.au or phone 8447 0500

Ash Wednesday & Lent



Ash Wednesday & Lent – a Season of Repentance and Renewal

In the Christian Church, Ash Wednesday marks the beginning of Lent, a forty-day period of preparation before the celebration of Jesus' passion, death and resurrection at Easter.

The word "Lent" comes from an old English word meaning "Spring". At this time of the year in the northern hemisphere, the season of spring – or new life – is on its way. Although we are heading into Autumn, we still have the sense of newness that comes with a new year.

While traditionally considered to be a time of mourning and repentance, the season of Lent is also a time of reflection and renewal – a time of prayer, penance, and good works as

we await the new life which comes from the Easter mystery of Christ's death and resurrection.

Traditionally, on Ash Wednesday, the ashes from burning the palm branches blessed the previous year on Palm Sunday are blessed, mixed with either holy oil or holy water, and imposed on the forehead with the sign of the cross. The ashes remind us that life is short, despite the common illusion in consumer societies that we will live forever. They remind us that we are part of God's creation; we are made by God, as is the earth and its dust and every living creature. The ashes have no value except in the sight of God; they are nothing but dust. We are nothing without the God who loves us with an everlasting love, and who calls us to back to live in right relationship with God and all God's creation.

This year, owing to COVID-19, we were unable to mark a cross of ashes on the foreheads of the community gathered in prayer on Ash Wednesday. Instead, each person was invited to accept a small symbol of the verse from Ezekiel 36:26, "I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh." This symbol will remind each of us throughout Lent to open our hearts to God, allowing God to change and renew us. We pledged to commit to praying for the needs of all in our world, to letting go of negative habits, and to carrying out actions that will enable others to thrive.

Marianne Shaw, Assistant Principal Religious Identity & Mission, Secondary Campus



Project Compassion 2022 Launch



The beginning of Lent also marks the beginning of the Project Compassion campaign run by Caritas Australia. Each year, we learn about the lives of vulnerable people in Australia and around the world who need our support to bring about changes that will enable them to live lives of fulfilment, security, and hope. The theme for this year is For all Future Generations. We are invited to consider how our actions today make a difference not only now but into the future, and to act

to help vulnerable communities face their challenges today and build a better tomorrow. Throughout Lent, we will hear the stories of five people and reflect on what we can do to support the work of Caritas Australia in helping them. I'll share a summary of these stories in future newsletters, or you can access them for yourselves on the Caritas website at: <https://www.caritas.org.au/resources/school-resources/?resourceTopics=Project+Compassion+2022&resourceType=Story%2FCase+Study>



Year 9 Flexible Learning



Anthony liquid nailing his work to the stobie pole on Mabel Street

STOBIE POLE ART PROJECT

Students engaged in an art project in Term 4, 2021, to add colour to our streetscapes and connect with the community around them.

Led by Flexible Learning teacher, Athena Kapetanos, students were asked to think deeply about what connects them to our school, our community and in particular, the history of Rosewater. Students analysed the existing street art in our area and designed their own artwork products on blue board. Working collaboratively, over 12 designs were completed and now are proudly displayed around stobie poles around the school streets: Miles Street, Mabel St and Symon Street.

REFLECTIONS FROM STUDENTS

Emily, Taj and I worked together to create 2 designs for the Flexible Learning Stobie Pole Art project. I like how they brighten up the streets around our school.

Charli Clarke 9G, Emily Olexyn 9R & Taj Wilson 9Y

My Stobie pole design featured all the things that I accept; all the backgrounds and the different languages tells us that we are all unique in our own way.

Krishleen Kaur 9G

I enjoyed doing the Stobie Painting because they are put on the Pole. My design includes aboriginal symbols.

Quan Mai 9B

My stobie pole project featured a Vietnamese woman in front of the aboriginal flag which symbolises that Australia is a country open to all people of any nationality.

Kacper Tarnowski 9Y

For our flexible learning task, I worked with Sam to create a community art for a Stobie pole. Sam and I worked collaborative and successfully together. I've have

enjoyed doing this task because it relaxes my mind and I get to work peacefully.

Zack Nghien 9R & Sam Esposito 9Y

For our project, I worked with Anthony to create a design for the stobie pole project in Flexible Learning. We worked effectively together and created a masterpiece to be viewed by the community and our family members when driving or walking past.

Daniel Bawden, 9B & Anthony Schopmann 9B

I was really happy about my design and loved how it turned out. I thought that making some changes in the design made it better than the first design.

Kim Lam 9 Y

Lisa Bartemucci, Arts Coordinator/Drama Teacher



Students from left to right: Quan, Zach, Sam, Kacper and Kim with their finished art products



**Patrick Fitzgerald, Assistant
Principal Religious Identity
& Mission, Primary Campus**

A Prayer for Ukraine



God of peace and justice,
we pray for the people of Ukraine today.
We pray for peace and the laying down of weapons.
We pray for all those who fear for tomorrow,
that your Spirit of comfort would draw near to them.
We pray for those with power over war or peace,
for wisdom, discernment and compassion
to guide their decisions.
Above all, we pray for all your precious children, at risk and in fear,
that you would hold and protect them.
We pray in the name of Jesus, the Prince of Peace.

Amen

Mary MacKillop Unit Life Skills

In our life skills class last week we were learning about germs. We did 2 experiments. In the first experiment we put water and pepper in a bowl. The pepper was to represent the germs. We dipped our finger in and the germs (pepper) stuck to our finger. Next, we put soap on our fingers and when we put our finger in the bowl the germs (pepper) separated away from the soap and our finger had no germs on it when we took it out.

For our next experiment we had 6 pieces of bread. With the first piece of bread we left it untouched and put it in a sealed plastic bag.

The second piece of bread we all touched with our dirty hands. Another piece we washed our hands with soap before we touched the bread and put it in a bag. The next piece we cleaned our hands with sanitizer before touching it and putting it in the bag. With the last piece we took it and rubbed it on Ms V's computer keyboard. We labelled each of the bags, so we know which is which. We then put them on the wall to see what will happen.

The next day we could see a tiny bit of mould on the piece of bread that touched the laptop. When

we checked a week later we found that the piece from the laptop had heaps of mold! The dirty hands had some mould, the piece we touched after using hand sanitizer had a little bit of mould and the piece we touched with clean hands after washing them with soap had no mould!!

From this we learnt it is important to wash your hands with soap and clean tables and other belongings.

**Emma Westwood &
Stephanie Viscione,
Mary MacKillop Unit**



Community Workshops



eSafety: Term 1 webinar for parents and Carers

eSafety's parent guide to cyberbullying and online drama (March)

For parents and carers of young people aged 11 to 18 years old

This webinar will equip parents and carers with the tools to support young people to have safe and respectful online relationships. It will cover starting conversations with young people about online friendships, understanding rights and laws that govern social media use and what to do if a child is involved in a cyberbullying incident. Sign up for one of three sessions that run throughout March.

Register via the following link: <https://register.gotoweinar.com/rt/1132536977528511757>



Social Gaming

What is Social Gaming?

Social Gaming is a fun and friendly social group for individuals who love games.

This program provides individuals with the opportunity to increase their social engagement and community participation whilst playing games with others in a group setting.

Autism SA's highly skilled Program Facilitators support participants to make positive connections with others and play games responsibly.

How can I benefit from joining the program?

Social Gaming supports individuals to develop important social skills, such as,

- Waiting
- Turn taking
- Sharing
- How to cope with losing
- Making conversation
- Problem solving
- Compromising
- Collaborating, and
- Being flexible



How can I access the program?

To register your interest in our Social Gaming program, please complete the Expression of Interest – Groups Programs form below, selecting Social Gaming in the options.

For more information about supports and services at Autism SA, please contact My Pathways on 1300 288 476 or mypathways@autismsa.org.au



VET STUDENTS 2022

After a slight delay our VET students have now settled into studying their courses.

This year we are lucky enough to have more opportunities to offer our students through the expansion of Western Technical College.

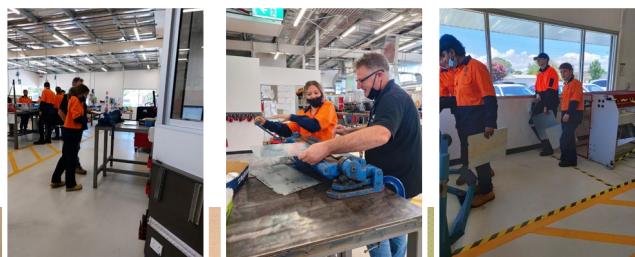
We currently have students enrolled in the following courses through WTC and other Registered Training Organisations:

- Automotive
- Construction
- Metal Engineering
- Salon Assistant
- Makeup
- Business
- Early Childhood Education and Care
- Electrotechnology
- Plumbing
- Kitchen Operations and Hospitality
- Individual Support (Disability)
- Photography and Digital Imaging
- Warehouse Operations

VET continues to be an ever growing space where students can begin nationally accredited study into a career pathway of interest while receiving credits towards their SACE completion.

Shortly we will be discussing our Stackable VET options and the enrolment process for our Year's 10 classes to begin in second semester.

Any VET related questions then please speak to Mrs Kelly Peucker on 8447 0506 or kelly.peucker@mcc.catholic.edu.au



DEFENCE FORCE WORK EXPERIENCE

The Defence Work Experience Program has recommenced for 2022.

There are already a range of work experience opportunities for students advertised on the Defence Work Experience Program website.

These include:

- 11-14 Apr, Army Familiarisation – RAAF Edinburgh
- 12-13 May, Army Familiarisation – Keswick Barracks
- 23-26 May, Air Force Familiarisation – RAAF Edinburgh
- 28-29 July, Army Familiarisation – Keswick Barracks
- 19-22 Sep, Air Force Familiarisation – RAAF Edinburgh
- 27-29 Oct, Army Familiarisation – Keswick Barracks

Students need to be at least 15 years old to participate and must be able to get to the location as public transport options to Edinburgh are extremely limited.

Please speak to Mrs Peucker if you are interested.

https://www.youtube.com/watch?app=desktop&v=yJdclbCCog&feature=emb_logo

UNIVERSITY CLINICAL APTITUDE TEST

The University Clinical Aptitude Test (UCAT ANZ)



is an admissions test used by the universities in Australian and New Zealand for their medical, dental and clinical science degree programs. Students wishing to enrol in any of the above courses at University in 2023 must complete the University Clinical Aptitude Test (UCAT).

For more information please visit:

<https://www.ucat.edu.au/>

Bookings must be made before 17th May, 2022.

Some pathways to medicine/dentistry/clinical sciences will not require the UCAT ANZ. For some applicants a different test may be required. You should always check the entry requirements for each course or programme using the websites of the universities to which you intend to apply before booking a test.

Please see Mrs Kelly Peucker in the Transition Pathways Office for more information and application forms if you are interested in these or any other VET programs.



Welcome back to all of our new and previous Trainees and Trainers at Western Technical College. 2022 Classes have commenced and we are now in our third week in our NEW state of the art purpose built facilities. The courses we are currently running onsite are:

- Advanced Carpentry Skills (Stackable VET)
- Certificate II in Automotive Servicing (Flexible Industry Pathway)
- Certificate III in Make-up (CareerPLUS)
- Certificate II in Construction Pathways (Flexible Industry Pathway)
- Certificate II in Engineering Pathways (Flexible Industry Pathway)

- Certificate II in Salon Assistant (Flexible Industry Pathway)
- Certificate II in Electrotechnology (Career Start) (Flexible Industry Pathway)

Equipping our young people with skill sets that align with industry needs, students are able to immerse themselves in nationally accredited training. Western Technical College will deliver the skills needed to support jobs in most trades including the Building, Beauty, Defence, Shipbuilding and Maritime industries.

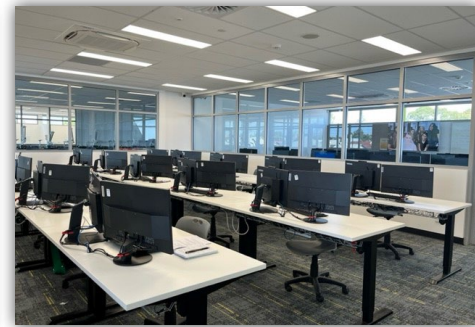
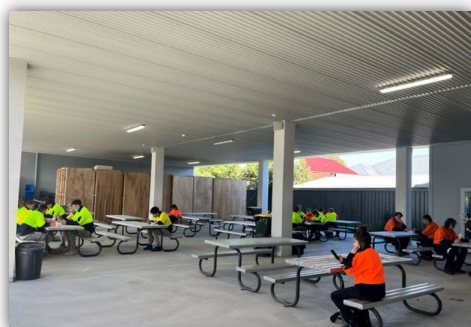
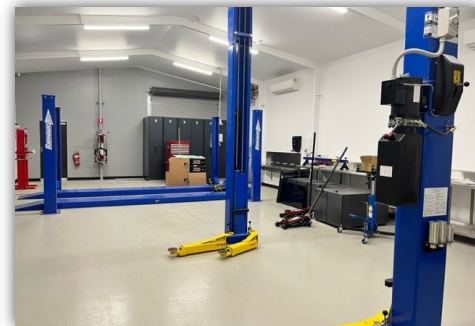
This term our Trainees have settled into a work place simulated teaching facility and are understanding what it is like in a work place whilst learning.

We look forward to introducing more courses as the year progresses, so keep checking the newsletter and our website for up and coming announcements.

<https://www.wtc.sa.edu.au>

If you would like to see the Western Technical College first hand, please come along to the Mount Carmel College Open Day at the Secondary Campus on March 17 between 4pm and 7pm. Our staff will be on hand to answer any questions you may have. Registration via the link below.

<https://www.mcc.catholic.edu.au/news-events/college-tours>





MOUNT CARMEL COLLEGE

R-12

OCCASIONAL CARE

All welcome

**ENROL
NOW!**

Mount Carmel College Occasional Care Service, is an accredited service, that offers children a session of child care. Educational programs are developed by qualified staff and offer a safe, caring and nurturing setting. The experiences we offer foster children's social, creative, language, cognitive and physical skills. Being located in a school means that children can access school facilities, including nature play areas, children's playground, library and educational resources. Above all, children are treated with respect and are encouraged to explore their interests.



**(Children
aged 3-5 years old)**

**Wednesday 9am - 12pm
FREE**

FOR FURTHER DETAILS CONTACT:

Phone: 8447 0500

Email: info@mcc.catholic.edu.au

Website: mcc.catholic.edu.au

Early Years Centre, Room 11
Mount Carmel College Primary Campus
17 Pennington Terrace, Pennington

DURING SCHOOL TERMS ONLY

Community Noticeboard



BABY ROOS	18 months to 2 years old	A great start to a young soccer player's journey
TODDLER ROOS	2 years	Walk, run and learn how to score goals
LITTLE ROOS	3 years	Discovering the skills of the world game
SKIPPY ROOS	4 years	Functional game skills with competition
KINDY ROOS	5/6 years	Running with the ball, dribbling, 1v1, scoring, passing
JUNIOR ROOS	7/8 years	Enhance your creativity and flair
CAPTAIN ROOS	9+	Our Skill Acquisition Program
PRO ROOS	All ages	1:1 Private Coaching - Tailored for individual needs by a proven mentor

18 months to 12 years old group classes
8-week school terms | Pro-Rata cost when joining midterm
Adelaide and Sydney locations

STATE SOCCER STIMULATING LIFELONG PARTICIPATION IN SOCCER

Sign up today 



the LIGHTS
COMMUNITY AND SPORTS CENTRE
PORT ADLAIDE

YOUTH NIGHT

@The Lights

We want YOU to tell us what you want to see at the Lights! Come hang out in a safe space and be part of a cool, growing community!

Make new friends • Try new things • Name this group Hang out in our state-of-the-art centre • Make a difference Have a say about what happens at The Lights

To get involved, contact Cindy on 08 8405 6670 or thelights@cityofpae.sa.gov.au

WHO'S in CHARGE?



Does your child hurt or intimidate you?
Do you feel you are losing control?
Do you want to handle conflict better?

Reclaim respect and calm in your family

The *Who's in Charge?* group is a FREE 8 week program for parents or carers of young people (8 -18 years) who are beyond control, violent or defiant.

The group aims to:

- Provide a supportive environment to share experiences and ideas
- Reduce the guilt and shame that parents feel
- Offer ideas to help you develop individual strategies for managing your child's behaviour
- Help in understanding power in relationships and coping with stress
- Explore ways of increasing safety and well-being

WHEN: Every Thursday from 9:30am to 12pm - commencing 10th February 2022
WHERE: The Lights Community & Sports Centre - upstairs Community Function Room, 244-270 East Parkway Corner Hampstead Road and East Parkway, Lightsview

An initiative of Centacare Catholic Family Services, City of Port Adelaide Enfield Council and Reconnect

Enquiries and Referrals: Trevor: 8405 6862 or Centacare: 8215 6700



FREE ENTRY
FIRST 30 ONLY

angels

BASKETBALL MENTORING PROGRAM

SPONSORS
Pellagra
City of Charles Sturt

PRIDE

REGISTER NOW
GIRLS 8 TO 12 YEARS OLD

FRIDAY 22ND APRIL 2022
EVENT: 1:30PM - 4:30PM REGISTRATION: 12:45PM
ADELAIDE 36ERS ARENA | 44A CRITTENDEN RD, FINDON SA 5023
CONTACT US: INFO@BRIGHTYESINC.ORG • CALL 0419 155 758
TICKETS AVAILABLE AT WWW.TRYBOOKING.COM/BXLHS