

Edition 13  
1 September  
2022

# News @ the Mount



## MOUNT CARMEL COLLEGE

R-12

*Belonging ~ Diversity ~ Excellence ~ Relationship*

**BOOK WEEK**  
Refer to page 4



## From the Principal

*So he set off and went to his father. But while he was still far off, his father saw him and was filled with compassion; he ran and put his arms around him and kissed him. Luke 15:20*

Dear Families

### Father's Day

We hope that all fathers, grandfathers and father-like figures have a wonderful day on Sunday for Father's Day. The quote above is about the Prodigal Son. The Prodigal Son is a powerful portrayal of a loving father. The father in Jesus' story symbolises God and his love for us, and he also shows us a love every dad should aspire to. At times children disappoint their parents. The ideal father humbles himself and doesn't allow his pain or frustration to overpower his love for his children.

### Book Week

This year's theme for Book Week was "Dreaming with Eyes Open". Last Friday the weather was kind to us as the sun shone on the Primary Campus Book Week Parade. Parents put great thought and effort into the costumes for the parade. Thank you to the parents and family members who were able to attend the parade. Staff also entered fully into the spirit of the day with some very interesting outfits.

The really important message from the week is about reading. All students are encouraged to read for fun and interest each day, even if it is 10 minutes a day. Pick a book on a topic of interest to you and read a bit each day.

### Josephite Exchange

Thursday and Friday last week saw the return of the friendly sporting exchange with Penola College, Broadmeadows Victoria. COVID had interrupted the annual competition which has been held since 2012.

*Continued on page 2.*

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**R-6 Primary Campus**  
17 Pennington Terrace, Pennington  
Phone: 8447 0500

**7-12 Secondary Campus**  
33 Newcastle Street, Rosewater  
Phone: 8447 0500

Website: [www.mcc.catholic.edu.au](http://www.mcc.catholic.edu.au) | Email: [mcc@mcc.catholic.edu.au](mailto:mcc@mcc.catholic.edu.au)



# Diary Dates

## SEPTEMBER 2022

- 4 Father's Day
- 5-9 Dental Van Visits  
– Primary & Secondary Campuses
- 6 Year 7, 2023 Transition Evening  
– parents & students 6pm
- 9 R-12 Student-free Day  
– Staff PD Day

Further dates are available from our website at [www.mcc.catholic.edu.au](http://www.mcc.catholic.edu.au)

### 2022

#### TERM DATES:

##### Primary Campus:

**Term 1:** 2 Feb - 14 Apr

**Term 2:** 3 May - 8 Jul

**Term 3:** 25 Jul - 30 Sep

**Term 4:** 17 Oct - 14 Dec

##### Secondary Campus:

**Term 1:** 31 Jan - 14 Apr

**Term 2:** 2 May - 8 Jul

**Term 3:** 25 Jul - 30 Sep

**Term 4:** 17 Oct - 9 Dec



Like us on  
Facebook!

Stay up to date with all the latest Mount Carmel College news and events!

Visit us at  
[www.facebook.com/mccadelaide](https://www.facebook.com/mccadelaide)  
and click 'Like'.

## Student Absences/ Late Arrivals

When a student is absent or going to be late, parents should notify the school by 9am on that day by texting the **Absentee Line on 0438 368 846 (SMS) or phoning (08) 8447 0500**. You will need to state the following:

**NAME OF CHILD, YEAR LEVEL, REASON FOR ABSENCE** eg *If late approximately what time will your child arrive etc.*

A medical certificate is required if a student is away for more than 3 days. For any planned extended absence, a letter to the Principal is required to explain circumstances.

## From the Principal Continued...



Mount Carmel College had attained a run of wins when in 2019, Penola College snatched the trophy.

Our Mount Carmel College students were keen to do well with the home ground advantage. Congratulations to our team who have regained the trophy. On Thursday evening Fr Tony Densley graciously said mass for the gathering of 100 students from both teams, along with the staff from both Colleges. Following mass, the senior Food and Hospitality class, under the expert direction of Mrs Howard and Mrs O'Malley, did a wonderful job of preparing a beautiful dinner for the hungry crowd of over 100 people. Congratulations to all involved from both states, in this wonderful celebration of our common Josephite spirit.

### 2023 SACE Evening

It was pleasing to see the Year 10 and 11 parents and students at the College for an information session and subject information booths.

Planning for 2023 has begun for our senior students.

### 2023 Year 7 Evening

On Tuesday 6 September we will be holding our information evening for all students who will be commencing Year 7 with us next year, along with their parents. If you know of any family who wish their son or daughter to join us next year, at any level, please ask them to urgently contact the College as planning is well underway.

Be a person of hope to others.

*John Konopka, Principal*



Year 11 students were fortunate to listen to the Sammy D Foundation present on risks associated with alcohol and drugs. We thank Neil who shared his story about his son Sam Davis, and Jessie for the informative session on the effects of alcohol and drugs on the body system and making safe choices.

## Ice Hockey Championships Award



Year 7 student Mickey Nottle has recently received an individual award for Best Defender in U13 National Ice Hockey Championships in Australia.

Well done Mickey!



# Year 9 Japanese Central Market Excursion



The Year 9 Japanese classes both went to the Central Market for an excursion. It was a fun, engaging learning experience. We did things for the Unit on Food and Katakana: we all went around the market and filled out a 'Japanese shopping list' worksheet. We also worked as a group to devise our own list of things in Japanese. Back at school, we used this information to make a promotional poster for Japanese tourists who visit the market.



On the day, we were able to buy some things we wanted. I must admit, some of the food we saw made me drool at how good they looked! Some were pricy, but some were cheap. As a student who enjoys doing Japanese, this was a great excursion: it was even better than what I thought it would be! Personally I would 100% do it again as it was the most fun thing I have done in Japanese.



*Will Davis, 9 Blue*



## Book Fair a Great Success!

Thank you to all the students and their families for their fabulous support of the Scholastic Book Fair. We raised over \$1,000 worth of books for the Primary Campus Resource Centre. What a fantastic result!

*Rosie Sturman, Leader of Learning*



Hambours Online Uniform Shop will be down from 5pm Wednesday 31 August until 12am Monday 5 September and their Royal Park Store will also be closed on Friday 2 September as they are implementing a new computer system. Hambours apologise for any inconvenience this may cause.







## Book Week 2022

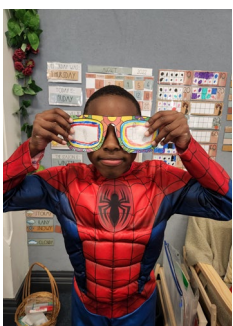
Students and staff at the Primary Campus, celebrated Book Week by participating in various activities throughout the week. Celebrations involved a live performance from Story Quest, the Scholastic Book Fair, and buddy class activities involving shared reading experiences followed up with art and craft activities. It was amazing to see some incredibly creative work being produced by every class, reflecting our children's love of reading!

The week concluded with the annual Book Week Parade. It

seemed that many of the characters that we have grown to love and cherish had stepped out of their books and found themselves at the Primary Campus. Students and staff dressed up as their favourite story book character and paraded around the basketball court to much applause and appreciation from the audience.

Congratulations and thank you to everyone involved. It was truly amazing to see how much effort our students and staff put into their special costumes and outfits.

***Rosie Sturman, Leader of Learning  
- Primary Campus***





# Aboriginal Education@MCC: “Thriving People”

“We are living, learning and playing on Kaurna Land” was the theme that underpinned this year’s Thriving People event for Aboriginal students in Year 7-10 in the South, West and Central Regions of Adelaide.

The immersive event was held at the Living Kaurna Cultural Centre, Warriparinga Way. The venue is a

beautiful parkland of cultural significance to Kaurna people. The centre is run by Corey Turner and Southern Cultural Immersion. It was a significant opportunity for Aboriginal students to celebrate and learn about their culture, identity, learn about history and hear stories from Elders.

Our students began their day with “Welcome to Country” and Smoking Ceremony followed by workshops in Painting-symbolism and telling story, Boomerang Throwing and traditional weaving using natural fibers.



**Kelli Lewis, Aboriginal Studies**



## Year 5 Story Quest

Our CBCA Book Week celebrations began early at the Primary Campus. On Tuesday, the students in Reception-Year 5 joined Marley on her Story Quest adventure as they were immersed in the storytelling and interacted with books featured on the CBCA 2022 shortlist.

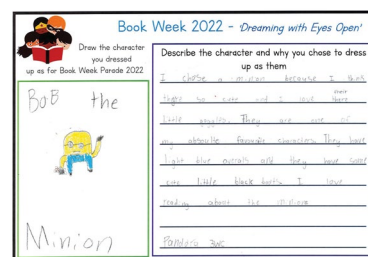
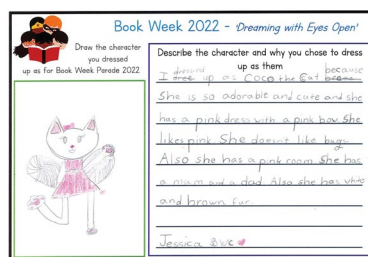
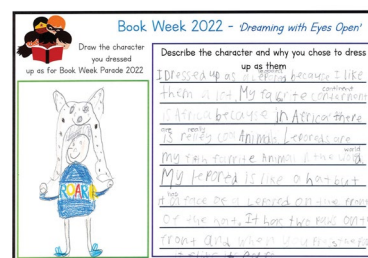
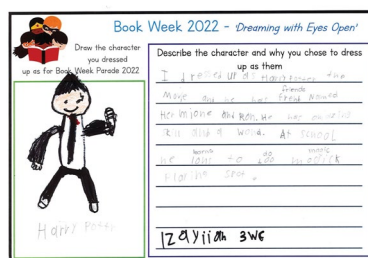
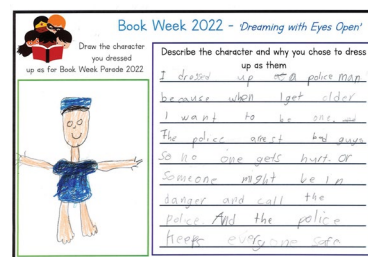
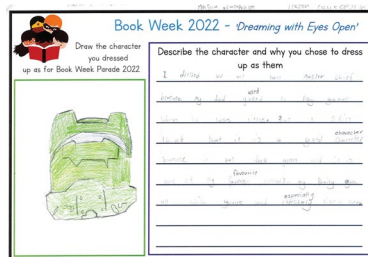
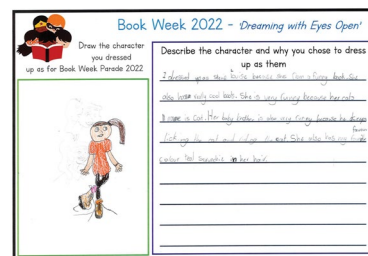
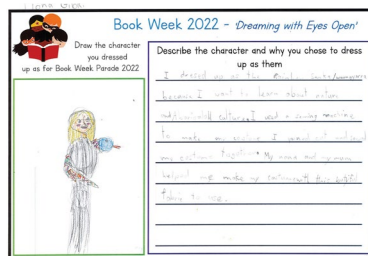
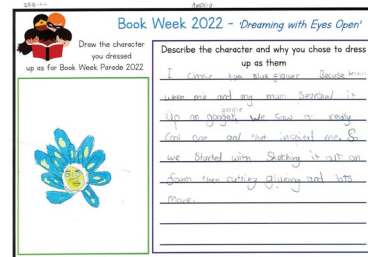
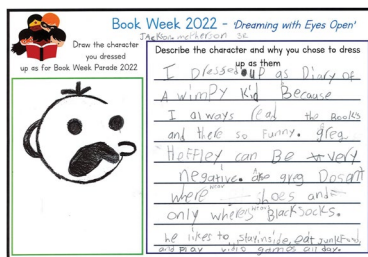
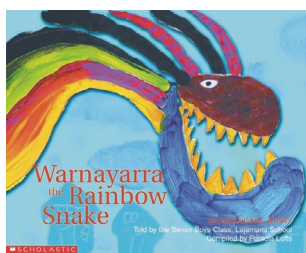
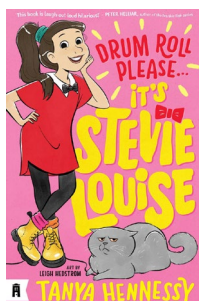




# Year 3 Book Week 2022

Year 3 had such a fabulous time participating in Book Week 2022. In the lead up to the parade we read many of the shortlisted books and completed lots of writing activities. We also used the Theme for the year 'Dreaming with Eyes open' to inspire our art work. We thought about and drew all the things we dream about now in our lives and also in our future. We had a combination of oil pastels and pencils to complete the art.

**Elisa Razzano, Year 3 Teacher**





# Year 10 History - Holocaust Excursion



As part of the 10 History curriculum students study World War II. A new museum

was opened in 2020 in Wakefield Street around the Holocaust, and on Wednesday 24 August Mr Zammit and myself, took a group of students to investigate this amazing resource. After completing a 150-word persuasive argument convincing me that it would benefit their studies, 16 students were selected to attend.

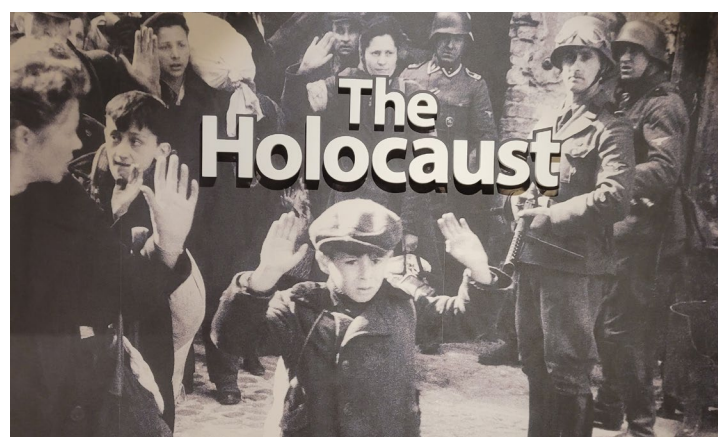
The day started with the group being divided into two; one group doing some primary source analysis activities and questions and the other doing the Holocaust static museum tour for about 30 minutes and then they swapped over. They worked collaboratively to find information and answer questions related to each of the 6 South Australian Survivors.

After this we were very privileged to hear from a Holocaust Survivor

in person- Eva Temple. Her story of the 5 amazing women was captivating, as she talked about her journey of discovery and meeting the lady Esther who she owed her life to for saving her.

The students really enjoyed hearing about the stories of the Holocaust survivors and the lesson learnt was that the prejudice and discrimination of the past should help us today and, in the future, to try and prevent some of these things happening again.

*Felicity Daviess, HASS Coordinator*





# SACE Information Evening

So good to see parents and students in person for the SACE Information Evening and Subjects Expo.



## Year 12 Food & Hospitality

Last week our Year 12 Food & Hospitality students catered for approximately 100 guests for the Josephite Exchange. This event was part of their group assessment and was an opportunity for students to showcase their ability to communicate and collaborate within their groups. In addition, students also demonstrated skills acquired throughout the year to select, prepare and present multicultural recipes.

**Ingrid Howard**  
**Food & Hospitality Teacher**





# Mary MacKillop Unit Community Connections



On Tuesday 30 August, some of the MacKillop Unit Community Connections students with Ms Batty went to the Primary Campus to read to some Year 4 students from Mr Teakle's class.

This was a fantastic opportunity for cross-campus connection for both students and staff.

A recount from the Secondary Campus students:

The week before our visit to the Primary Campus, the secondary school students went to the Library to choose their books and practise them before going to the Primary Campus.

Before we started reading, we introduced ourselves and also asked them about their favourite subjects. Lots of them said it was Maths, Science and PE. As we read, we asked our Year 4 students questions about the book and what was happening in the pictures.

Carole said her favourite part of the Primary Campus visit was meeting younger students. Quan said his favourite part of the experience was saying 'hello' to the Year 4 students. Hunter explained that nostalgia was his favourite part of going back to his former school. Tom and Mack said seeing his old teachers and remembering good memories from their old primary school was their favourite part of the visit.

**Caitlin Batty**

**Mary MacKillop Unit Coordinator**



## Year 9 Visual Art - Blind Contour Drawings





# Pathways Expo



Year 11 and 12 students had the opportunity to hear from and speak to representatives from Adelaide University, University of South Australia, Flinders University and TAFE SA. Students used this time to look at future pathways and opportunities available to them outside of school.

***Kelly Peucker, Transition Pathways Coordinator***







# HEAR US 2022

Come along to celebrate and support South Australia's talented youth  
on one of four evenings presented by the  
**Catholic Schools Music Festival.**

Featured soloists, big bands, a cappella vocal groups and more  
exhibit an astonishing calibre of musicianship  
and you will be in awe of the 320-voice choir!

In September 2022, the annual Catholic Schools Music Festival will showcase 2000 extraordinary students  
from the ages of 10-18 years on the stage of the Festival Theatre.

For information on which schools are performing on which nights, please visit  
[musicfestival.cesa.catholic.edu.au](https://musicfestival.cesa.catholic.edu.au)

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## Mount Carmel College will be performing on Thursday 29 September

**Festival Theatre** King William Road Adelaide | **7.30-9.30pm**

**A Reserve: \$39.00 | B Reserve: \$33.00**

(Service & Handling Fees and Delivery Fees apply / No exchanges or refunds on purchased tickets)

The Music Festival is a Companion Card affiliate.  
For enquiries, groups over 20, & special needs bookings please call **131 246**

## **Tickets available from Monday, September 5**

**Book online at**



All tickets purchased via the Ticketek network are subject to Terms and Conditions. Visit [ticketek.com.au](https://ticketek.com.au) for details.

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Adelaide Festival Centre recommend strongly that patrons wear masks during their visit.  
Should any performances be cancelled due to COVID-19, all ticket purchases will be fully refunded.

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It takes great **commitment and dedication** to be a musician, but the **rewards** are abundant, giving the  
chance to **express yourself** and to **entertain** and **inspire** people of all ages.

You may not know these students personally, but if you wish to be thoroughly awe-inspired & uplifted,  
then an evening out with Adelaide's future entertainers is one you won't want to miss!

### **Music is an Art of the Heart**

*"You perform to give your gift away.*

*A listener comes because they don't do what you do.*

*You complete them by performing and they complete you by listening."*

Bill Broughton



# circular



**TO** All Principals of Catholic Schools in South Australia

**FROM** Trish Jarvis, Executive Officer – Catholic School Parents SA

**DATE** Tuesday 30 August 2022

**RE** Parent Engagement Evening - Anxiety and Worry in Children and Teenagers presented by Madhavi Nawana Parker.

116 George Street, Thebarton SA 5031  
PO Box 179, Torrensville Plaza SA 5031  
T (08) 8301 6896  
M 0406 244 545  
[cspsa.catholic.edu.au](http://cspsa.catholic.edu.au)

Dear Principals,

Catholic School Parents SA (CSPSA) is pleased to present the first Parent Engagement Evening and welcomes all parents and carers of children in Catholic schools to attend.

The event ***“Anxiety and Worry in Children and Teenagers”*** will be presented by Madhavi Nawana Parker and is described as follows:

*“All children experience some degree of anxiety and worry. This session will help parents and teachers learn to respond in a way that doesn’t further inflame the situation and reduce destructive thinking patterns and improve resilience and wellbeing.”*

Madhavi Nawana Parker is director of [Positive Minds Australia](http://PositiveMindsAustralia.com), and an established author, counsellor and speaker. She has provided young people, families and schools with tools to develop resilience, confidence and wellbeing through counselling, professional development and parent workshops.

The session will be facilitated online and in person. The event will be limited to 150 places in person, with the online platform unlimited.

The details of the event are in this [flyer](#) and below:

**Date:** 20 September 2022 @ 6:30 – 8pm.

**Location:** St Thomas School and Preschool  
10 Ruston Street Goodwood SA

**Cost:** Free

**Registration:** Registrations can be made via the [Registration Centre](#).

I would be grateful if you could share the Parent Engagement Evening with your school community. To do so, please share the links either to the [event on Facebook](#) or [flyer](#).

I look forward to connecting with your communities at this upcoming event.

Kind regards

A handwritten signature in black ink, appearing to be 'Trish Jarvis'.

Trish Jarvis  
Executive Officer  
CSPSA

[cspsa.catholic.edu.au](http://cspsa.catholic.edu.au)

116 George Street, Thebarton SA 5031 • PO Box 179, Torrensville Plaza SA 5031 T (08) 8301 6600



### ***ARE YOU READY TO SHAPE YOUR FUTURE...?***

You should discuss your interest in enrolling in a VET program at WTC with your home school VET Leader and your parent/caregiver(s) before completing the online Expression of Interest form. Places are filling fast for 2023.

<https://www.wtc.sa.edu.au/enrol/expression-of-interest-form>

### ***WESTERN TECHNICAL COLLEGE COURSES ON OFFER FIP2023***

22569VIC Certificate II in Plumbing HURRY ONE CLASS NEARLY FULL  
AUR20520 Certificate II in Auto Servicing Technology HURRY ONE CLASS NEARLY FULL  
CPC20220 Certificate II in Construction Pathways HURRY ONE CLASS ALREADY FULL  
MEM20413 Certificate II in Engineering Pathways  
SHB20216 Certificate II in Salon Assistant  
SHB20116 Certificate II in Retail Cosmetics  
UEE22020 Certificate II in Electrotechnology HURRY ONE CLASS ALREADY FULL  
ICT30120 Certificate III Information Technology  
CUA31020 Certificate III in Screen and Media  
BSB30120 Certificate III in Business FFS2023

More than one class available in each course but be quick before they all fill up!

### ***CITB SUBSIDIZED COURSES***

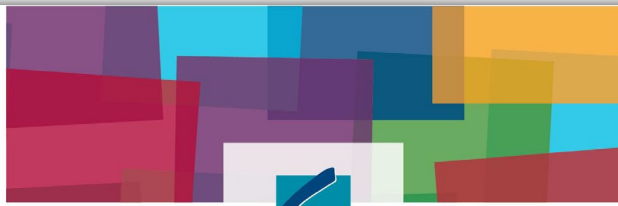
Advanced Carpentry Skills Stackable VET 2023 HURRY ONE CLASS NEARLY FULL  
Advanced Carpentry Safety Skills Stackable VET 2023  
Advanced Brick and Block Laying VET 2023  
Advanced Wall and Floor Tiling VET 2023  
White Card CPCCWHS1001 Prepare to work safely in the construction industry

***DON'T MISS OUT, REGISTER NOW !!***

44 Russell Street  
Rosewater SA 5013  
P 8447 0560 W [wtc.sa.edu.au](http://www.wtc.sa.edu.au)  
E [info@wtc.sa.edu.au](mailto:info@wtc.sa.edu.au)



# Community Noticeboard



## Inside Their Heads – Understanding Teenagers

This course is for families experiencing separation

**A FREE workshop for Parents and Carers. Come along and learn about:**

What's happening for today's teens  
The task of adolescence  
Adolescent brain development  
Setting boundaries

Communication that encourages two-way respect and understanding

**Time:** 10:00am – 12:00pm  
**Date:** Tuesday 13 September 2022

**Venue:** Centacare Level 2  
45 Wakefield Street,  
Adelaide 5000



Please note childcare facilities are not available and children cannot be present at this course

Bookings essential. Please contact Centacare on 8215 6700 or email your details to: [registrations@centacare.org.au](mailto:registrations@centacare.org.au)

This project is jointly funded by Centacare Catholic Family Services and the Department of Social Services

[www.centacare.org.au](http://www.centacare.org.au)



## The Fast Five Parenting tips that really work

*This two-hour workshop collects key concepts from current Australian research into effective parenting strategies. The workshop brings five key parenting activities designed to:*

- ★ Cut through unnecessary parenting information ★
- ★ Provide strategies to assist improve children's behaviour, problem solving skills and emotional regulation ★
- ★ Improve the child/parent relationship ★

**Time:** 1:00pm – 3:00pm

**Date:** 29 September 2022

**Venue:** Centacare  
45 Wakefield St, Adelaide



Bookings are essential, please contact Centacare on 8215 6700 or email your details to: [registrations@centacare.org.au](mailto:registrations@centacare.org.au)

Children cannot be present at this course. No crèche available.

This project is jointly funded by Centacare Catholic Family Services and Department of Social Services.

## MCC MUSIC LESSONS



Neil Palmer  
BASS/GUITAR



Jesse Owen  
PIANO



Emily Isaacs  
VOICE



Matt Gelling  
GUITAR

Learn an instrument from professional musicians in a fun and supportive environment during school hours.

SCAN QR CODE FOR MORE INFO



Natalie Robbins  
PIANO



James Owen  
DRUMS



Nicoletta Cottugno  
VOICE



Lachlan McGargill  
SAXOPHONE / CLARINET / FLUTE

## WE ARE PASSIONATE



**5 REASONS why you should register for Little Athletics!**



Meet new people and spend time with your family and friends.



Participate in a variety of different events at your weekly meets.



Improve your physical fitness and mental wellbeing.



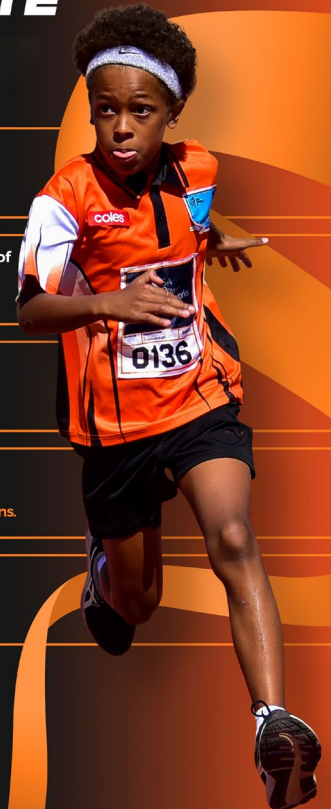
Have the opportunity to participate at local club meets & state competitions.



Achieve your personal best and continue to improve your skills.

REGISTER TODAY AT  
[littleathleticssa.com.au](http://littleathleticssa.com.au)

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