



Future Families

Issue 17, August 2022

Mount Carmel College's twice yearly update for future enrolled families



Welcome to our community

Dear Future Families

Welcome to this edition of Future Families, one of our communications to keep in touch with you as a future student and family of the College.

Core values: Relationships and Belonging

This week we welcomed the Year 7 students and their parents who will be joining our community next year. We could feel the excitement amongst the students and parents and thank everyone for making the effort to attend. It was also

lovely to hear from parents who already have a child at the secondary campus of Mount Carmel College, who spoke of their hope that their second child had as good an experience as their first child at the College. We thank all parents for placing their trust in us.

Mount Carmel College: Three Campuses

At the start of this year we unified with the Primary School to become Mount Carmel College R-12.

It has been a smooth unification process to date, not withstanding the disappointment at having to cancel a few inaugural events due to COVID.

Amongst the many benefits of having a Reception to Year 12 College are:

- *Automatic enrolment from primary years to secondary years (no additional interview or enrolment fees)*
- *Having a single ethos across all year levels*
- *A smooth transition between primary years and secondary years*
- *Continuity and stability in students learning*
- *Better sharing of resources, including staff*

- *Larger school fee discounts when have children in primary year levels and secondary year levels at the College.*

Western Technical College

The Western Technical College is the third campus of Mount Carmel College and is located immediately behind the Secondary Campus. A fantastic major building expansion was completed in time for the start of the 2022 school year. The Western Technical College also expanded its trade training offerings in a range of courses and the additional programs available are directly connected with careers associated with the submarine and frigate building projects.

Follow us

If you have not done so already, I would encourage you to sign up on our website in the Newsletter section so that you receive our fortnightly Newsletter automatically via email. Our Facebook page is another excellent way to keep informed about our College community life. You can find us at www.facebook.com/mccadelaide

Best wishes

John Konopka
Principal

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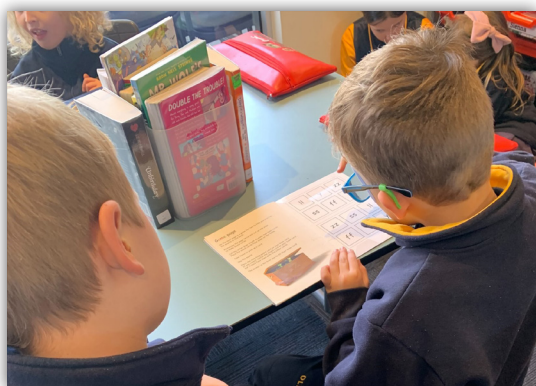
Year 11 Nutrition



Do You Really Know What You Are Drinking?

In Year 11 Nutrition, we have been looking into the impacts of different foods on our health. As part of our topic on Dietary Disorders, we discussed the importance of having sugar in the body, but the cost of consuming too much, such as obesity and atherosclerosis. As a class, we each contributed different drink bottles, available to us everyday and tried to include those marketed as 'healthy' or 'sugar free'. By looking at the nutrition label on the back, we determined the amount of sugar each drink has, and represented it in clear bags. The idea is to show how unhealthy some of these drinks really are.

Rachel Griffiths
Science/HASS/Maths Teacher



Buddy Class Support



The importance of students learning from each other can never be underestimated.

Buddy classes provide the opportunity for students to build their personal confidence and establish positive relationships with younger peers.

Our Year 5 students have a scheduled weekly Reading session with their Reception buddies.

They look forward to demonstrating their leadership skills, and supporting younger students to enjoy reading and sharing their stories.

Jenny DeGilio,
Head of Primary Campus



Congratulations to the Swimming Team

Congratulations to our Swimming Team who competed at the State Schools Swimming Championships at the SA Aquatic Centre in May. Mount Carmel College was well represented and all students enjoyed participating at the world class venue.

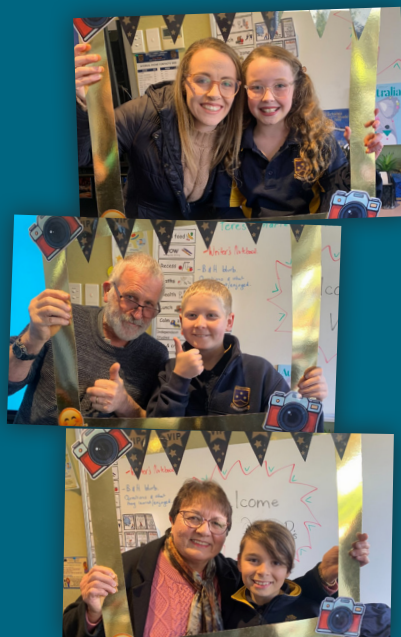
All students participated to the best of their ability and achieved some wonderful results. Special mention to Kai Renfrey, Olive Charleson, Jack Frazer-Sikorski, Gia Della-Zoppa, Josh McGair, Zandy Bondad, Sam Brown, Mackenzie Steer-Slater, Emily MacFarlane and Amber Tyler who achieved 1st, 2nd or 3rd placings in their events and thank you also to Hannah Treen, Charlotte Rudd and Katie Footner for assisting on the day.

Nicole Adam
Mathematics Coordinator



VIP Day

Families of our Primary Campus students were invited to attend a VIP day. It was an excellent opportunity for families to be involved with and experience some of the children's learning experiences to date. The students enjoyed sharing their work with their VIPs and finished with a morning tea in the Hall. It was a great effort from everyone, and we appreciate those who could attend.



Year 9 Port Adelaide Excursion

Year 9 students had the opportunity to visit the South Australian Maritime Museum (SAMP) and go on the Dolphin Boat Cruise as part of their learning about the Ecology unit. The excursion was aimed at extending their knowledge and understanding of human impact on our environment through studying the declining Bottlenose Dolphin population which is found in the Port Adelaide River. Students engaged in a range of activities on the day where they had the opportunity to carry out water testing to determine the quality of the river and also see Dolphins while on the Archie Boat Cruise. In the museum the students listened to a presenter sharing the changes in boats/vessels over the years and how it has future impacted the water quality. Overall, the day was a wonderful learning opportunity which the students engaged in and here are

reflections from some of the Year 9 students about the day.

'The Port Adelaide excursion was a very exciting and enjoyable experience. It was great to see dolphins swimming around in the river. I enjoyed walking around the museum and reading information about the Bottlenose Dolphin and how humans are impacting their habitat. The Ketch talk was interesting as we learnt about how they are more eco-friendly than the boats built today.'

Teagan Wufka 9 Blue

'The excursion was very interesting experience. My favourite was going on the Ketch. Despite the weather not being ideal and my group not having luck of seeing the dolphins, I learnt a lot about dolphins on the day.'

Benjamin Khuu 9 Blue



Debating at MCC



Debating at MCC is off with a bang! Mount Carmel College has entered three debating teams this year, including a Year 7, 8 and 9 team. We would like to acknowledge

and congratulate each team as they pushed through their nerves last night for their first debate. Every team debated with confidence and Mount Carmel College walked away with 3 Speaker Awards of the night! Lily Nguyen won Best Speaker of the Year 7 Debate, Ava Ibrahim won Best Speaker for the Year 8 Debate and Bethany Clough won Co-Best Speaker for her Year 9 Debate. All the teams and coaches are looking forward to the rest of the debating season.

Renee Tsoulos
7 Red Pastoral Care Teacher



Catholic Education SA Awards

Congratulations to Rebecca (Bek) Footner who was awarded the inaugural Catholic Education SA "Experienced Teacher (Secondary)" Award for outstanding teaching and contributions to education. Bek was selected from a strong field across all of South Australia. It is fantastic that Bek's outstanding contributions, generosity and enthusiasm were recognised - a true Josephite woman. Congratulations Bek!

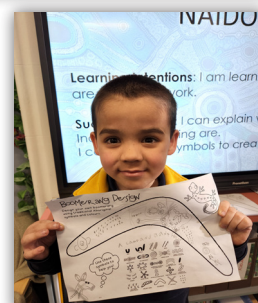
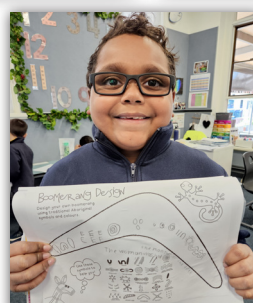
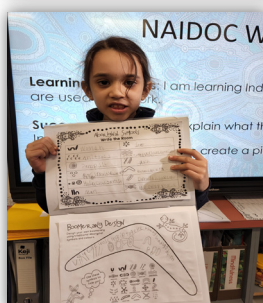


Years 1/2 Embrace NAIDOC Week



For NAIDOC Week, the students in 1/2 unit learned about Indigenous symbols that are used in artworks. From there, the students had the opportunity to create a story through using Indigenous symbols.

Kathy Dang
Year 1/2 & PE Teacher



Reception Biological Sciences



In Reception Classes RP and RG, we have started learning about Living and Non-Living things as part of our unit for Biological Sciences. To

kick start our learning we visited the Hahndorf Farm Barn! We absolutely loved the excursion. For some of our students, seeing and holding animals (in real life) was a first-time experience! We really enjoyed feeding the baby animals, milking 'Merlot' the cow and getting to pat the goats and rabbits.

Michaela Gauci & Daina Peric
Reception Teachers

Year 6 Students Get a Taste of their Secondary Campus



Our Year 6 students are utilising their Secondary Campus to develop their skills in the technology subjects. The students participate in cooking and wood technology, giving them a 'taste' of the subjects and practical experience. The students learn how to safely use equipment, work collaboratively and gain valuable practical skills. Photos are of Year 6 students cooking Vegan Pancakes (Gluten free, Egg free and Dairy free).

Katrina O'Malley, Food & Fabric Key Teacher



Reconciliation Week

Our students embraced Reconciliation Week. Students learnt about our shared histories, cultures, and achievements, and explore how each of us can contribute to achieving reconciliation in Australia.



Feast of Assumption

Students from Mount Carmel College Primary and Secondary campuses joined local parishioners at mass for the feast of the Assumption.



Harmony Day Celebrations 2022

PRIMARY CAMPUS

What a celebration of our unique and culturally diverse school community. We celebrated a picnic lunch on the oval, and enjoyed a visit from some Secondary students who joined in our celebration.



A Prayer to Live in Harmony

*Good and gracious God,
who loves and delights in all people, we
stand in awe before you,
knowing that the spark of life within
each person is the spark of your divine
life.*

*Differences among cultures and races
are multi-coloured manifestations of
your light.
May our hearts and minds be open to
celebrate similarities and differences
among our sisters and brothers.*

*Please send your healing and
reconciling Spirit in order to bind
the wounds created by racism
and racial hatred, and to promote
understanding, justice, and love.*

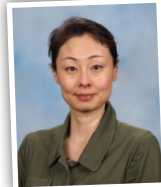
*We place our hopes for racial harmony
in our committed action and in your
living presence in our neighbour.*

May all peoples live in peace.





Year 3 Japanese Cultural Activity



If you are in Japan for *Tanabata* you will see lots of colourful decorations,

Our Year 3 classes made their paper star *tanzaku* for the *Tanabata* Festival as well as wrote their personal wishes on it.

I wish to improve on my paper

I wish for better writing

I wish to improve my Japanese.

I wish my Maanae got her leg fixed Because it is broken.

I wish that Covid-19 virus was safe.

2000 A.D.



Class of 2021 DUX Assembly Awards



EMANNUEL DE LOS SANTOS (98.35)
Merit in English - 2021 College Dux
*Bachelor of Computer Science (Adv),
Adelaide University*



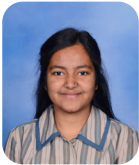
JAY DIZON (98.3)
Merit in English and Research Project
*Bachelor of Medical Science (Vision SC)/M
Optom, Flinders University*



ANDY PHAM (97.15)
Merit in English
*Bachelor of Nutrition and Dietetics,
Flinders University*



JAKE CAMPBELL (96.8)
Merit in English and Research Project
*Bachelor of Laws and Legal Prac (Hons),
Flinders University*



KANIKA SINGLA (96.15)
Merit in English
*Bachelor of Laws (U/G Entry) Double
Degree, Adelaide University*



VAN LEON PHAM (92.45)
Merit in Research Project
*Bachelor of Physiotherapy (Hons),
Adelaide University*



TAYLA MARSTON (90.70)
Merit in Food and Hospitality
*Bachelor of Forensic Science/Criminology
and Criminal Justice, Griffith University (Qld)*



DIANA BUI (90.05)
Merit in English
*Bachelor of Medical Science,
Flinders University*



CASSIAH HAYWARD (86.85)
Merit in English
*Bachelor of Science (Animal Behaviour),
Flinders University*



DANIELLA BUZZERIO (86.45)
Merit in English
*Bachelor of Health Science (Therapy),
Flinders University*



ARSHDEEP SINGH (86.35)
Merit in English
*Bachelor of Health and Medical Science,
Adelaide University*



NICHOLAS CORKER (83.15)
Merit in English
*Bachelor of Engineering (Hons) (Electrical
and Electronic), University of South Australia*



DJ VYNZ CABANGAL (81.75)
Merit in English
*Bachelor of Engineering (Hons) (Civil),
Adelaide University*



VY LE (81.30)
Merit in English
*Bachelor of Social Science (Human Services)/
Bachelor of Psychology,
University of South Australia*



ANGELINA XIA (80.65)
Merit in English
*Bachelor of Psychology (Adv) (Hons),
Adelaide University*



JUDY TRAN (80.40)
Merit in English
*Bachelor of Speech Pathology,
Flinders University*



ABBEY ALVAREZ
Merit in Community Studies
*Bachelor of Arts/Bachelor of Economics,
Adelaide University*

*If you are willing to work to achieve
excellence, and set clear and realistic
goals, you can obtain it in Year 12 at
Mount Carmel College.*

R-6

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17 Pennington Terrace, Pennington
Phone: 8447 0500

7-12

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33 Newcastle Street, Rosewater
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