News @ the Mount

Edition 6
11 May, 2017

Year 10 Camp
(refer to page 5.)

MOUNT CARMEL COLLEGE

Belonging ~ Diversity ~ Excellence ~ Relationship

From the Principal

Dear Families

Welcome back to all students and families for Term 2. We hope that you had a happy Easter and enjoyed the break.

STAFF NEWS

We are pleased to welcome the following staff members:

- Mrs Natalie Simpson who is taking the classes for Mr Lawless, who is on Long Service Leave for Terms 2 and 3
- Miss Rebecca Taylor who is teaching Mr Jelonek's classes for the first few weeks of Term 2
- Mrs Nicole Adam who is teaching Mrs Field's classes for the remainder of the semester.

We keep in our thoughts those members of our community who need our prayers at this time.

In particular, it is with sadness I share with you that Mrs Sparapani's husband, John, died suddenly on the last weekend of the holidays. As a community of faith, we joined in prayer for Mrs Sparapani, her children and her extended family. Flowers were sent with our condolences on behalf of the school community. During Mrs Sparapani's absence, Miss Kara Tattoli is teaching her classes. Mrs Karma Agostinetto is working with the Year 9 students and teachers in the role of Year 9 Coordinator.

On Monday of week 1 staff engaged in a number of professional development activities including presentations on Autism Spectrum Disorder (ASD) as part of our Whole School Framework Towards Inclusion and Mind Matters, a mental health initiative for secondary schools that aims to improve the mental health and wellbeing of young people.

PARENT ENGAGEMENT

Last week Year 8 parents had the opportunity to attend an information session about the Maths Pathways program.

Our parent-teacher interviews held this week were well attended and provided an opportunity for parents and teachers to engage in conversations to expand on information from the Student reports issued at the end of last term.

STUDENT NEWS

Last week our Year 10 students enjoyed 3 days of activities and challenges on camp, including the challenge of setting up their own tent.

Today our school community celebrated those students who receive an award for Term 1 re Academic Excellence or for Excellence in Application. Our awards give recognition to those students who have worked to the best of their ability at whatever level they are currently achieving, as well as those students who have achieved excellence in their results.

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Prayer

We pray in gratitude for the opportunities to begin anew in this new term. We continue to be grateful for the opportunity to learn, grow and share our gifts with others.

Living God,
Alive in the risen Christ, in this Easter Season
Make our presence even more vivid for those who are hurting or need your healing at this time.
Let our hope, care and kindness make a difference to those we meet throughout the term.

Amen

Student Absences/ Late Arrivals

When a student is absent or going to be late, parents should notify the school by 9am on that day by texting the **Absentee Line on 0438 368 846 (SMS) or phoning (08) 8447 0500**. You will need to state the following:

NAME OF CHILD
YEAR LEVEL
REASONS FOR ABSENCE *eg If late approximately what time will your child arrive etc.*

A medical certificate is required if a student is away for more than 3 days. For any planned extended absence, a letter to the Principal or Deputy Principal is required to explain circumstances.

From the Principal Continued

Congratulations to the following students:

Year 8			
Van-Leon The Pham	Kanika Singla	Madeleine Lipscombe	Angelina Xia
Eleni Pantazis	John Thomas	Abbey Alvarez	
Year 9			
Sasha Theunissen	Samuel Harris	Vico Irazusta-Arpon	Luise Di Loreto
Melina Le	Nicoletta Cotugno	Krystal Tu	Mi Le
Year 10			
Gaurav Kewlani	Toby Vallecera	Lily Hill	Alexandra Lehmann
Luca Pozzebon	Taylah Kondrat	Ruby Tolja	Stephanie Corker
Jemma Jones	Sarah Chowis	Vu Nguyen	Santo DeLuca-Lopez
Tina Carapovic	Remee Tylor		
Year 11			
Cindy Huynh	Mailee Nguyen	Thomas Carter	Kimberly Nguyen
Tyson Seedsman	Danielle Smith-Sparrow	Nam Mai	Winnie Nguyen
Zachary Gurn	Joy Assaad	Andrianna Chrysostomou	
Year 12			
Thuy Cao	Molly Brown	Nicola Fogarty	

CATHOLIC EDUCATION WEEK
Catholic Education Week aims to showcase the wonderful things that are happening in all Catholic schools across Australia. This year we are celebrating Catholic Education Week 12-19 May, 2017. There was a Magazine Feature in *The Advertiser* on 6 May.

Best wishes and blessings.

Mr John Konopka, Acting Principal

Healthy Eating...

No Bake Muesli Bars

- ¼ cup coconut oil
- ¼ cup rice malt syrup
- 1 cup rolled oats
- ¼ teaspoon cinnamon
- 2 tablespoons chia seeds
- ½ cup shredded coconut
- ¼ cup chopped almonds
- ¼ cup chopped dried apricots
- ¼ cup pumpkin seeds

Line a regular sized baking or slice tray with grease proof paper.

In a saucepan add in your coconut oil, rice malt syrup, oats and cinnamon and stir over low-med heat for 10min.

Off the heat, if your pan is big enough you can add the rest of the ingredients straight into the oats or in a bowl add your heated oat mixture to the rest of the ingredients. Stir well together.

Pour, spread and press down the muesli mixture into your tray until even. Using a knife press out the size and shape of your muesli bars while the mixture is soft.

Put the tray into the freezer for 30-40min to harden.

Best eaten cold!

*Mixture will soften in warm temperatures. To make the muesli bars hard, instead of putting in the freezer straight away, cook in the oven @ 180°C for 15min. Stand to cool for 5min then put the tray in the freezer.

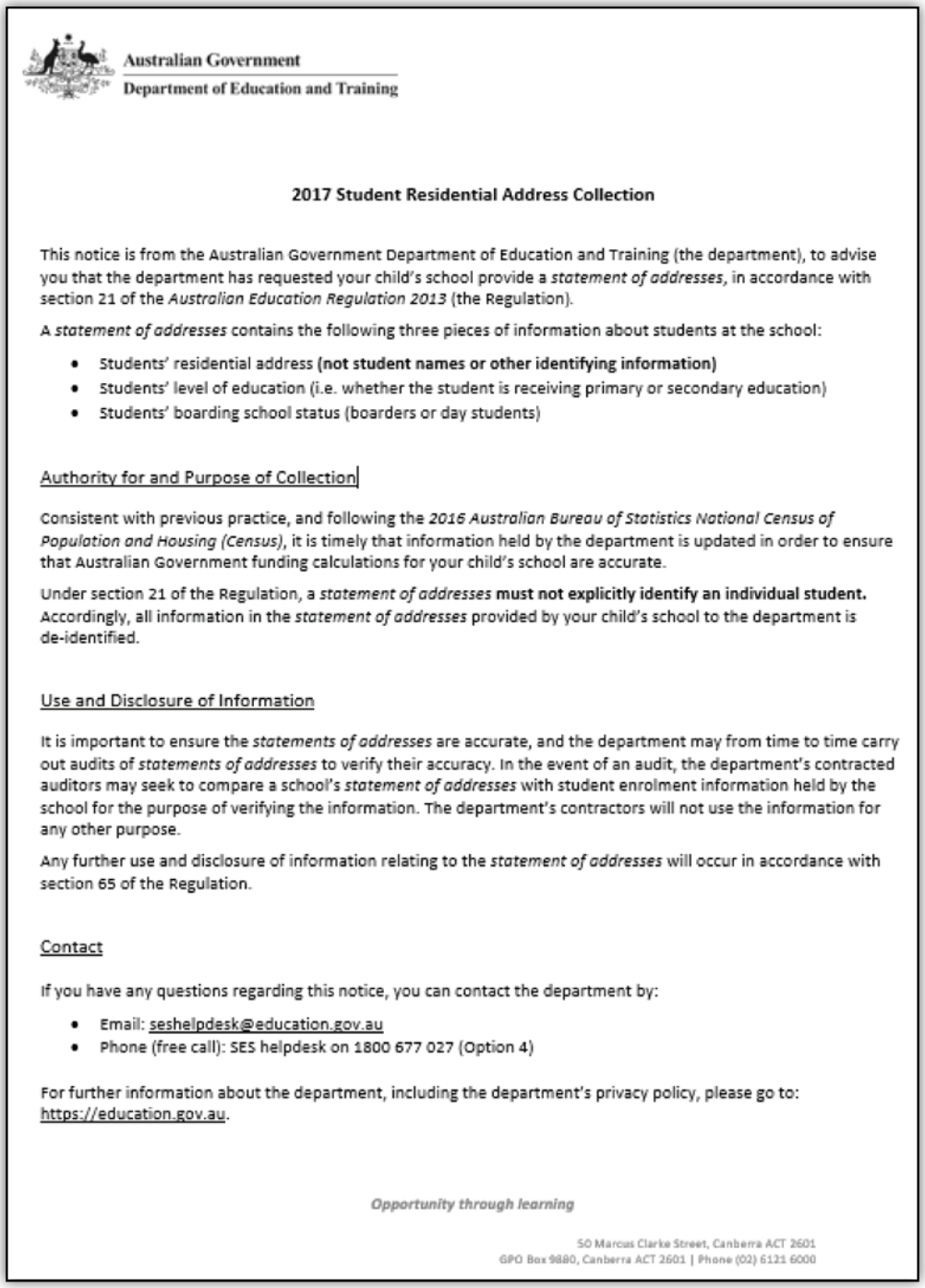
Important Information

SCHOOL PHOTOS

School Photos will be held on **Monday, 22nd May (Week 4).**

All students are required to wear full school winter uniform, with long hair tied back and no makeup. A brown school jumper or school jacket must be worn for students in Years 8 to 11. Year 12 students must wear their Year 12 jumper.

Photo order envelopes have been distributed to students. Please return envelope with correct money on photo day as change is not given. If you wish to get a family photo of siblings together, students can collect a sibling envelope from the Student Office. Credit card payments are accepted. Please follow directions on the envelope.



Australian Government
Department of Education and Training

2017 Student Residential Address Collection

This notice is from the Australian Government Department of Education and Training (the department), to advise you that the department has requested your child's school provide a *statement of addresses*, in accordance with section 21 of the *Australian Education Regulation 2013* (the Regulation).

A *statement of addresses* contains the following three pieces of information about students at the school:

- Students' residential address **(not student names or other identifying information)**
- Students' level of education (i.e. whether the student is receiving primary or secondary education)
- Students' boarding school status (boarders or day students)

Authority for and Purpose of Collection

Consistent with previous practice, and following the *2016 Australian Bureau of Statistics National Census of Population and Housing (Census)*, it is timely that information held by the department is updated in order to ensure that Australian Government funding calculations for your child's school are accurate.

Under section 21 of the Regulation, a *statement of addresses* **must not explicitly identify an individual student.** Accordingly, all information in the *statement of addresses* provided by your child's school to the department is de-identified.

Use and Disclosure of Information

It is important to ensure the *statements of addresses* are accurate, and the department may from time to time carry out audits of *statements of addresses* to verify their accuracy. In the event of an audit, the department's contracted auditors may seek to compare a school's *statement of addresses* with student enrolment information held by the school for the purpose of verifying the information. The department's contractors will not use the information for any other purpose.

Any further use and disclosure of information relating to the *statement of addresses* will occur in accordance with section 65 of the Regulation.

Contact

If you have any questions regarding this notice, you can contact the department by:

- Email: seshelpdesk@education.gov.au
- Phone (free call): SES helpdesk on 1800 677 027 (Option 4)

For further information about the department, including the department's privacy policy, please go to: https://education.gov.au.

Opportunity through learning

50 Marcus Clarke Street, Canberra ACT 2601
GPO Box 9880, Canberra ACT 2601 | Phone (02) 6121 6000

Diary Dates

MAY

15 Principal's Tour 4pm
18 Year 10 Retreat
22 School Photo Day
25 Year 8/9 Soccer Carnival
26 National Sorry Day
26 Senior Formal
30 Year 11 Courts Excursion
31 Year 9 Trade Week Begins

JUNE

12 PUBLIC HOLIDAY
14 Principal's Tour 4pm
15 Year 9 Retreat
19 Year 11 SWOT VAC
20-23 Year 11 Exams
26 STUDENT FREE DAY
27 Start of Semester 2
28 MCC Career's Evening
29 Girls & Boys Basketball Lightning Carnival
30 Macbeth Performance

JULY

3-6 Macbeth Rehearsals
6 College Musical 7pm
7 Term 2 ends
24 Term 3 Begins
24-26 Year 12 Exams
31 JJAMM Week Begins

AUGUST

2 Stage 2 Parent Teacher Evening 3.30pm - 8pm
3 Year 8-10 Indoor Rock Climbing
4 Mary MacKillop Day Early Dismissal - 1pm

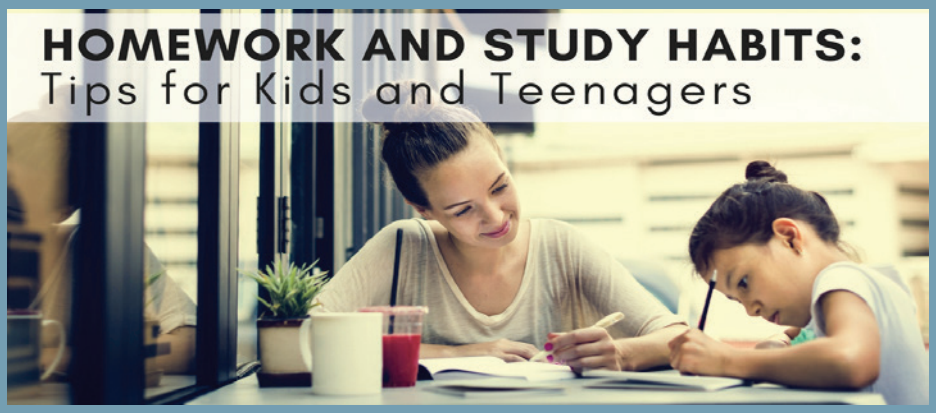
Further dates are available from our website at www.mcc@catholic.edu.au

Easter Liturgy

Deputy Principal

I most recently came across an excellent article that addresses the issue of good homework habits for students and how parents can reinforce these habits at home. There were a number of identified ways that parents can support their children when doing their homework. Some of these included the establishment of clear rules within the home around the times that homework is done and what the protocols are around television and social media use at these times. It was also noted that parents should designate particular areas that homework will be done. These should be places that will facilitate the learning that needs to take place free from distraction. https://childdevelopmentinfo.com/learning/tips-for-helping-kids-and-teens-with-homework-and-study-habits/#.WRKHllWGOUk

Some very interesting research was conducted by Professor John Hattie (2012), one of Australia's most recognised educational academics, in regards to the effect on numbers of students who completed homework on a regular basis.



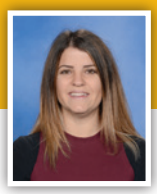
He concluded from a study of over 100,000 students that students who completed regular homework increased their learning by 15% or about a year. He also concluded that the average achievement of students who completed homework exceeded 62% of those who did not complete homework.

This year we have been very fortunate in having the skill and expertise of Mrs Karma Agostinetto who has been working in her new role as Research Inquiry Coordinator. Mrs Agostinetto has been working with teachers and students to assist in the development of programs which focus on improving outcomes in regards to note taking and research and inquiry techniques. These skills will be very transferable and will benefit our students greatly when it comes to the effectiveness of their homework activities.

If parents have any questions about the amount of homework that their children are currently getting and the effectiveness of this in regards to their learning please contact the College.

Mr Jon Cenko, Deputy Principal

Middle Years



Alana Dichiera

Karma Agostinetto

Welcome back to Term 2! We are looking forward to another productive and engaging term in the Middle Years.

MIDDLE YEARS STUDY GROUP

A reminder that the Middle Years Study Group runs from 3pm-4pm in T13 computer rooms to assist students in completing their homework on Monday and Wednesday after school.

Every study group is supervised by a teacher who is able to work one-on-one with students or able to assist students with the initial stages of how to start an assignment, how to tackle a particular question and how to revise for a test.

YEAR 8 CUP- FABULOUS LESSONS

At MCC, we acknowledge the fabulous work that is completed in Year 8 Home Groups through the Year 8 Cup. What this means is that if all students in the Home Group meet the following criteria, the subject teacher may award a FABULOUS LESSON. The class with the most fabulous lessons awarded by the end of the term wins the Year 8 Cup and holds the Cup in their Home Group for the subsequent term.

Fabulous Lesson Guidelines:

- All students arrive to class on time and are prepared with appropriate equipment
- All students are in correct uniform
- All homework is completed
- No yellow/red cards distributed during the lesson
- All students remain on task for the duration of the lesson
- All assigned tasks are completed for the duration of the lesson
- All students record homework in their diary as requested by teacher
- ONLY designated students are to politely request if it is a fabulous lesson
- All students demonstrate pride in their classroom which is clean, tidy, graffiti and rubbish free

Good luck to all Year 8 Students and continue to be fabulous!

YEAR 9 WELCOME

As you are all aware I am acting as Year 9 Year Coordinator in Tania Sparapani's absence. Please do not hesitate to contact me here at the college regarding your son or daughter if the need arises. My email address is karma.agostinetto@mcc.catholic.edu.au or my direct number here at the college is 8447 0543.

YEAR 9 NAPLAN AND REPORT REFLECTION

The Year 9 students quickly settled back in to the work and routines of school. Week 2 saw the students working diligently to successfully complete the Year 9 National Assessment Program – Literacy and Numeracy (NAPLAN). All students in Years 3, 5, 7 and 9 in Catholic, Government and Independent schools in Australia were assessed on their literacy and numeracy skills through five different tests. At Mount Carmel College, the participation rate was high and the test was taken seriously by all involved. All students are to be commended on their high level of application in regards to all areas of NAPLAN 2017.

Later in the year, a report which indicates your child's level of achievement will be sent to the College and subsequently distributed to parents/guardians. Each student's level of achievement will be reported against the national minimum standard. These results, in addition to many other assessments of achievement collected this year, will be utilised by students to reflect on their learning. Students will be able to identify areas of strengths and areas in need of improvement, which will assist in goal setting, subject selection for Year 10 and to aid discussions in Reflection of Learning Interviews in Term 3.

During Week 1 in Pastoral Care each student was given the opportunity to reflect on their Term 1 report. They were asked to identify areas of success and disappointment, if allocated time for homework was appropriate and what would they do differently to improve in Term 2. Please feel free to ask your son or daughter about this process.

Mrs Alana Dichiera
Year 8 Coordinator

Mrs Karma Agostinetto
Acting Year 9 Coordinator

Senior Years

Last week saw the return of Year 10 students to school, albeit for a short amount of time, prior to the much hyped camp at the Adare facility in Victor Harbor. The students assembled on Wednesday morning in the MPA and soon after boarded the buses en route to our destination some 90 kilometres away.

Upon our arrival we were greeted by the Beyond Limits and Adare staff who ran through the three-day course and instructed students in a demonstration of how to assemble the tent that they would share with one or two other students for the duration of camp. From there, students partook in a variety of team-building and personally challenging activities including raft-building, kayaking, mountain bike riding among others unique to the Beyond Limits group.

One of the key tenets to this camp experience was building the concepts of teamwork, responsibility and leadership. These features were exhibited through the way that members of each tribe were required to serve each other, clean up after each other and encourage each other through each step undertaken during the three day journey. While Mount Carmel College and Beyond Limits staff were assigned to each tribe to oversee the activities and general events of the camp, what was highly pleasing was that limited staff intervention was required as the students responded to the need to demonstrate leadership and teamwork.

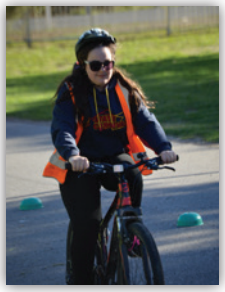
We were very lucky to be blessed with sun-drenched days that exacerbated the beauty of the locale and gave students the opportunity to fully participate in the activities. However, with the gorgeous days came chilly nights that saw many a cup of coffee or tea consumed for warmth, but provided us the perfect opportunity to roast marshmallows by a glowing bonfire.

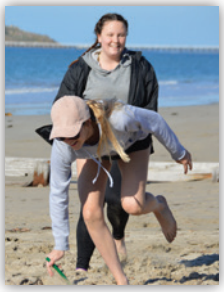
As Friday afternoon approached the many tired students (and staff!) once again boarded buses bound this time for Mount Carmel College, having been enriched by the opportunity provided and having learned much about each other and ourselves.

Many thanks go to Mr Carr, Mr Franks, Miss Tattoli, Mrs Footner, Mr Newman, Mr Judd, Ms Sullivan and Mr Cenko for giving their time and effort in making this camp the success that it was.

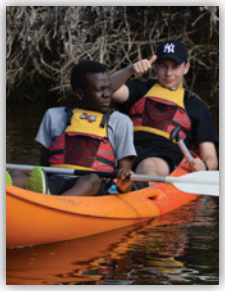
Mr Christopher Zammit
Year 10 Coordinator

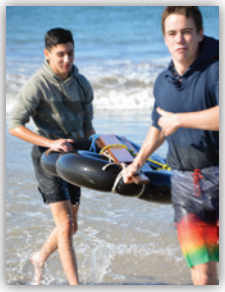
Year 10 Camp - Victor Harbor

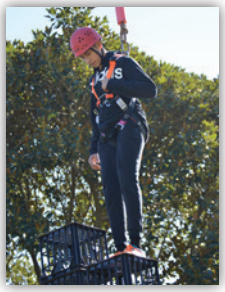


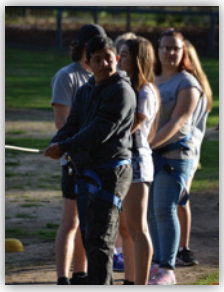


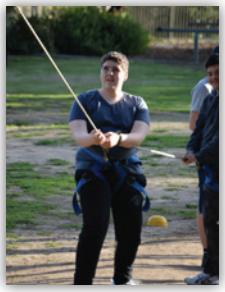
Year 10 Camp - Victor Harbor

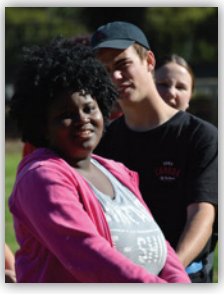


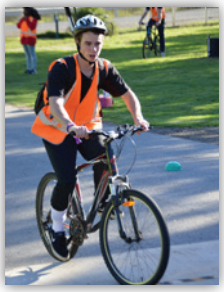




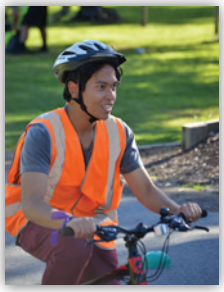


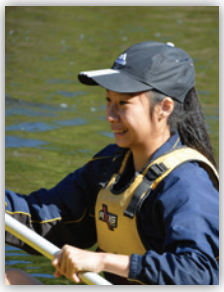
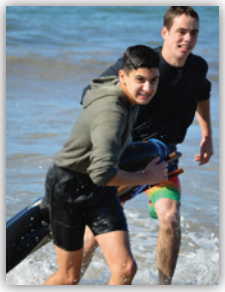


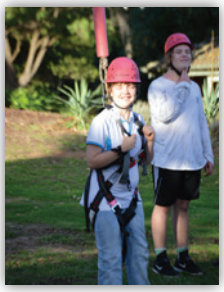
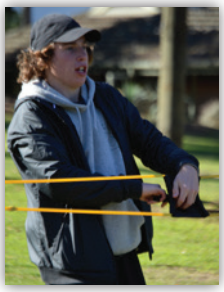


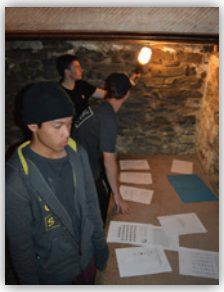


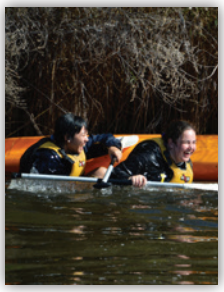
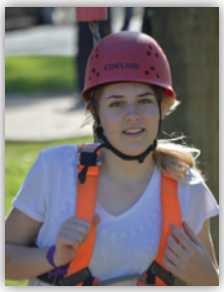
Year 10 Camp - Victor Harbor

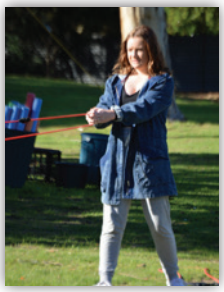






Welcome back to Term 2.

This is going to be a quick term, with Week 9 the start of the new semester. This means that Week 8 will be the first experience for Year 11s to sit major exams. This can be a challenging time for both students and parents, as the task to remember content and concepts can be quite daunting. It can be a challenge in itself to start the process of studying for exams. Many brick walls can pop up with your child, as they start to remember and rehash their learning since the beginning of the year. You may start to hear phrases like "I can't" or "This is too hard". Having a growth mindset, one where students are trying to engage with the content and are happy to try new ways of getting tasks done, helps students tackle issues head on and with a more positive outlook.

Below is information about a Parent seminar, designed at showing you what a growth mindset is, how it affects learning and how we as adults can help young people to engage more efficiently in their success. It takes 30 minutes and can help the family with strategies to promote growth.

https://www.mindsetkit.org/growth-mindset-parents

Good luck with the term and good luck with the development of your growth mindset.

Mrs Rebecca Footner
Year 11 Coordinator

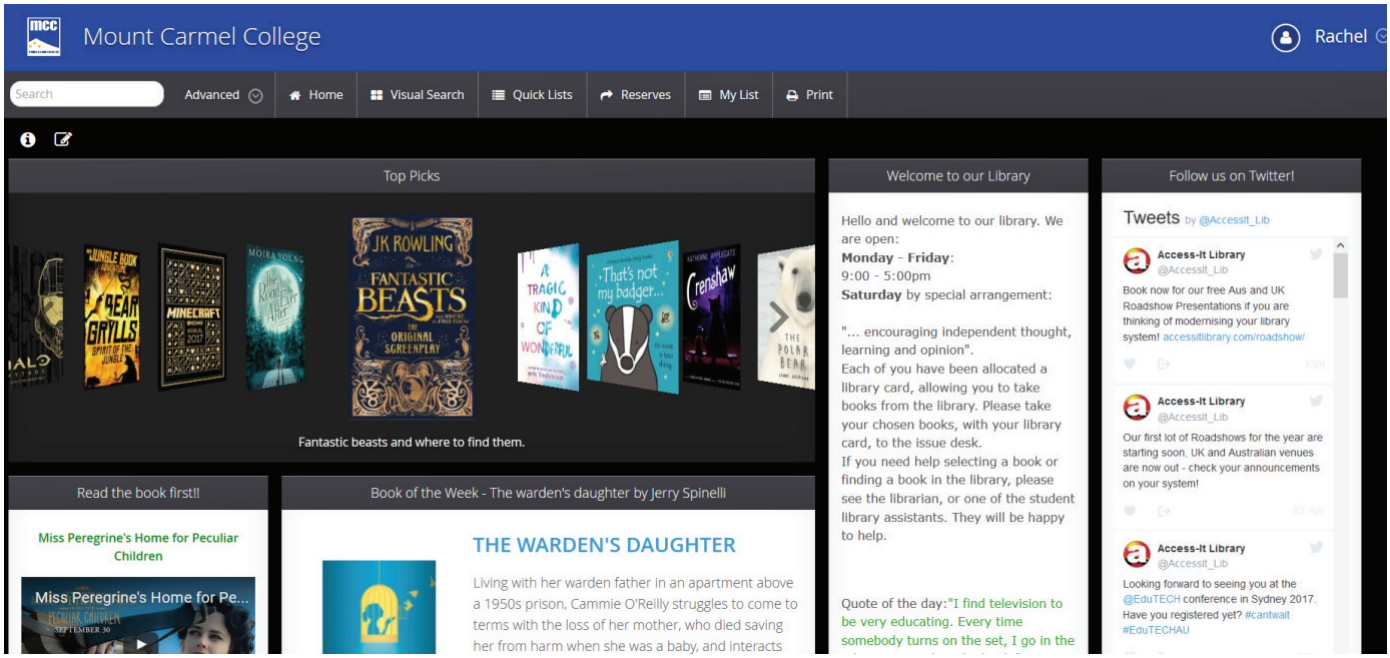
SENIOR FORMAL 2017

Resource Centre News...

We are excited to share the news that our school library will be changing our library cataloguing system to the new "Access-it" library system this term. It is a complete state of the art library management system. It has a friendly and modern interface, where students can search the school's entire resources. This new system will allow for greater access by staff and students to a variety of information resources including our video, electronic documents, ebooks, textbooks, library resources, laptops, online digital content and more…

We ask for your patience during Week 3 and part of Week 4 as all of our data will need to be transferred to this new system. This means during this process there will be no borrowing of library items except for laptops. We have been informed that this process may take 5-8 days.

AN EXAMPLE OF AN ACCESS-IT SEARCH DASHBOARD:



In future newsletters we will be showcasing this system and providing links to tutorials on how to use the system.

Mrs Karma Agostinetto

FUTURE PATHWAYS

Mrs Kelly Peucker
Transition Pathways Coordinator

SEMESTER 2 VET COURSES

All students wishing to enrol in a VET course for semester 2 must see Mrs Peucker for an enrolment form as soon as possible.

Introduction to Building and Construction – Certificate I in Construction (partial certificate)
Mount Carmel College - Rosewater Trade Training Centre
https://wats.eschoolsolutions.com.au/pages/public/subject.aspx?P=S3gxTFWFeZlAH9JyDK5FmQ%3d%3d

Introduction to Engineering – Certificate II in Engineering (partial certificate)
Mount Carmel College - Rosewater Trade Training Centre
https://wats.eschoolsolutions.com.au/pages/public/subject.aspx?P=kNpoctPHHF8OB4RCWzBsag%3d%3d

Introduction to Hairdressing and Beauty Services - Certificate II in Retail Cosmetics (partial certificate)
Mount Carmel College - Rosewater Trade Training Centre
https://wats.eschoolsolutions.com.au/pages/public/subject.aspx?P=pvT79eluJINVQEHsmXBP7A%3d%3d

Plumbing - Certificate II in Metal Roofing and Cladding
Mount Carmel College - Rosewater Trade Training Centre
http://wats.eschoolsolutions.com.au/pages/public/subject.aspx?P=XvEka5tAZSU3w1dPEvWqPg%3d%3d

Plumbing - Certificate I in Construction
Seaton High School
https://wats.eschoolsolutions.com.au/pages/public/subject.aspx?P=C7X%2fr9zSJr7SvspC2mARIA%3d%3d

Hospitality Certificate I (Aboriginal students) - Certificate I in Hospitality
Warriappendi School
http://wats.eschoolsolutions.com.au/pages/public/subject.aspx?P=nzaQSwqVG0qtsGZD9gDoBg%3d%3d

Hospitality Certificate II (Aboriginal students) - Certificate II in Hospitality
Warriappendi School
http://wats.eschoolsolutions.com.au/pages/public/subject.aspx?P=xPuB0xU611xOP6vqKqrnjg%3d%3d

VET STUDENTS – STRUCTURED WORKPLACE LEARNING

Reminder to the current VET students that you must be completing your structured workplace learning hours for your allocated course. Please see Mrs Peucker to collect the required forms for you to be going out to work placement. You **are not permitted** to attend any work placement without completing the correct paperwork. If you are a TGSS funded students then you must complete 140 hours of structured work placement.

DEFENCE JOBS INFO SESSIONS

9 May, 6pm – Defence Careers @ Elizabeth
9 May, 7pm – Defence Careers @ Elizabeth
11 May, 6:30pm – Health Careers @ Adelaide
31 May, 6:30pm – Defence Careers @ Adelaide

https://www.facebook.com/pg/defenceJobsAustralia/events/

HIGH SCHOOL STUDY TIPS

It's time to conquer your course load! Whether you're a natural academic or not, it never hurts to have few added study tips and tricks on hand.

https://blog.tafebrisbane.edu.au/article/high-school-study-tips-conquering-your-course-load/

SOUTHERN CROSS CULTURAL EXCHANGE: SCHOLARSHIPS NOW OPEN

Students can apply for a full scholarship or reduced program fees on a student exchange program.

http://www.scce.com.au/scholarships/

Please see Mrs Kelly Peucker in the Transition Pathways Office for more information and application forms if you are interested in these or any other VET programs.

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HIGH SCHOOL MUSICAL
ON STAGE
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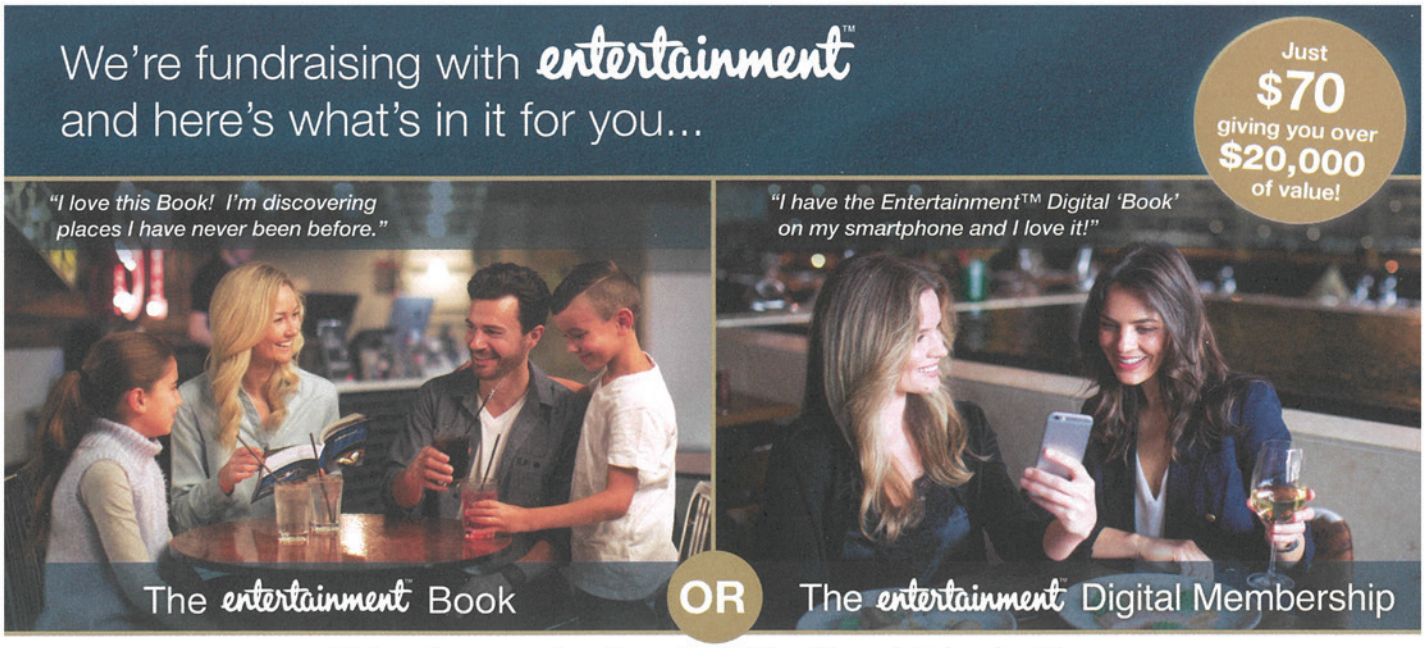
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20% from every membership sold contributes to supporting the East Timor

Contact: Janine Bonello **Phone:** 0884470500 **Email:** janine.bonello@mcc.catholic.edu.au

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Pre- Purchase before 8th April to receive Early Bird Bonus Offers you can use straight away! (Subject to availability)

A9 Adelaide City Flyer 2017-2018

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child & adolescent sleep clinic

Does your teenager have a sleep problem?

Does your teenager:

- have trouble falling asleep?
- not fall asleep until late at night?
- have trouble waking up or getting out of bed in the morning?
- miss school or feel fatigued throughout the school day?

If you answered yes to any of these questions, your teenager could benefit from a new treatment program being run at the **Child & Adolescent Sleep Clinic,** within the School of Psychology, at Flinders University.

For more information please call 8201 7587 or email casc.enquiries@flinders.edu.au

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ST JOSEPH'S OLD SCHOLARS LUNCHEON

Wednesday 7th June
11.45am for 12 noon start
Hampstead Hotel
cnr of North East/Hampstead Roads, Collinswood

Senior's Menu $11.90. Salad/Veg Bar.
Bookings with Josie (8295 3667) or Chris (8263 1948) by 2nd June.

Seating WILL NOT be allocated. Invitation for ALL former teachers/students (male and female) from ANY Josephite School/College here or interstate to attend.

2017 CAREERS & EMPLOYMENT EXPO

Will be held in Adelaide on Friday 26 May and Saturday 27 May (Term 2, Week 4). The expo promotes a wide range of post school options. It is a free event for all schools and the general public. For more information, go to the website http://careersemploymentexpo.com.au/Adelaide.html or see Mrs Peucker.

careers&EMPLOYMENTexpo

includes...

AUSTRALIAN DEFENCE FORCE CAREERS EXPO 2017
NAVY ARMY AIR FORCE

May 26 - 27, 2017
Adelaide Showground

PORT ADELAIDE CRICKET CLUB:
IMPORTANT UPDATE
ON JUNIOR CRICKET PROGRAMS

In Febuary 2017 the SACA Board of Management decided and advised the Port Adelaide CC would continue as a stand alone club in the SACA Premier Cricket competetion.

SACA's decision meant there would not be a forced merger between the Port Adelaide and West Torrens cricket clubs.

The Port Adelaide CC (PACC) will continue to field sides in the various Mens, Womens and Junior competitions. We are the home club for the current Redbacks Tom Cooper, Nick Benton, Tim Ludeman and Scorpians Amanda Wellington and Sam Betts. We had a very encouraging last season with our 1st grade Men competing in the semi-finals of the premier cricket competetion and both our Women's teams competing in finals with our 1st grade Womens team in the grand final.

We have a very strong focus on tailored player development programs linked to the High Performance areas of SACA, to provide progression through our grades with the aim of maximising the opportunity to play cricket at the State and National levels.

We are currently in discussions with SACA on ways to improve the participation rates and competitveness of Junior players in Adelaide's North-Western suburbs including the clubs and schools designated in the Port Adelaide – Enfield metro recruiting zone. Players from other metro zones / areas are encouraged to be an active part of our cricket program and to make use of our excellent facilities which are to be further enhanced by a PAE Council Master Plan for our ground / area at Port Reserve as an integral support of the reinvigoration at the Port.

We will be conducting a phased pre-season training and selection trial program for it's junior squads leading into the 2017/18 season.

At this stage the program will broadly be:

- **Sunday May 7: Introductory, Information and Training session open to all current and new Juniors (boys and girls minimum age is 10 and maximum age 15 as at 1 Sept 2017) 8.45am for 9.00am at Port Reserve**
- July : Primary School students will have 3 to 4 training and selection trials (for Ray Sutton Sheild, Freeman-Rolton Cricket Academy and the Under 12 Cup)
- Early / Mid Aug : Registration and Information night for all Juniors, Boys / Girls & Parents
- Mid / Late August : Under 16s and U14s training and selection trials will commence (and continued training for RSS, FRCA and U12 Cup)

To register for these activities and all enquires please contact to the following

Scott Harrison (Metro Community Liason & Talent Identification Co-Ordinator PACC)

phone 0419884646 e-mail har.ro@hotmail.com

Sheryl Bevan (Management Committee PACC)

phone 0418899144 e-mail marksheryl@adam.com.au

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